

2018
ANNUAL REPORT



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### **Impressum**

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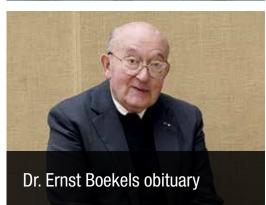
The cover shows a treatment situation at a hospital in Lamardelle (Haiti).













A word from Federal Minister Dr. Gerd Müller

### Dear readers,

In this global village, we are all united by the same desire—good health for us and our loved ones! Thanks to efficient healthcare—from aspirin to zinc—the prospects of a healthy life have risen enormously in many parts of the world. But they are neither fairly nor equitably distributed. While we are getting healthier and older, more than 5 million children in less developed countries die from easily preventable diseases before they reach the age of 5. Health is a human right! Every person must be afforded access to healthcare, without having to walk long distances or facing financial hardship. Clearly, we must do our part—not only is it our responsibility, it is in our own best interest. Because in times of near-unlimited air travel, diseases that are not locally contained can have serious global repercussions, as we saw with the Ebola epidemic in West Africa.

The German Federal Ministry for Economic Cooperation and Development (BMZ) takes a comprehensive approach to supporting its partner countries, with efforts ranging from strengthening health systems and improving the health of mother and child, to prevention, pandemic preparedness, training and the expansion of universal health coverage. Access to medical products is another critical aspect. The work of action medeor in our partner countries therefore is of immense value.

Achieving the third Sustainable Development Goal of "Good Health and Well-Being" requires that we all work together. The "Global Health Starts at Home" exposition helps you lift the lid on this issue among the German public. I am very pleased about this initiative and look forward to future cooperative efforts!

Dr. Gerd Müller, MdB (Member of the German Federal Diet)

Federal Minister of Economic Cooperation and Development



### A word from the Board of Trustees

## Dear friends and supporters of action medeor,

Our medical aid organization mourns the loss of its founder, Dr. Ernst Boekels. He died in May at the age of 91. It is thanks to his tireless commitment that action medeor now enjoys the status of a recognized relief agency. The increasingly complex challenges facing our globalized society place ever greater demands on our organization. In response to this, we must continue to change with the times and optimize our operations. It is with this in mind that action medeor will be scaled up to include a new "Health Technology" unit. There will also be a change in the Executive Committee next year, when the baton of our current CEO will pass to the next generation. Bernd Pastors, who has been with action medeor since 1985, will be retiring from his office in April 2020. Stepping forward, we will also upgrade our Tönisvorst base to carbon-neutral standards. Following a consultation process to determine the carbon footprint of action medeor, a first set of measures has been initiated toward achieving climate neutrality. The effects of global climate change are already being felt now-warning examples include not only Cyclone Idai in Southeast Africa, but also humanitarian crises and their impacts in the form of disease, poverty, hunger, flight and displacement that require the assistance of action medeor now more than ever.

On behalf of all members of the Board of Trustees, we would like to extend our heartfelt thanks for the financial support through public funds from the German Federal Ministry for Economic Cooperation and Development (BMZ), the Ministry of Foreign Affairs (AA), and the State Chancellery of North Rhine-Westphalia. Our thanks for their commitment and dedication also go to all our sponsors and donors, our members, the boards and committees, all full-time and voluntary staff, our partners, and our ambassador, Anke Engelke.

Siegfried Thomaßen

President

Tönisvorst, June 2019



Christoph Bonsmann

**Bernd Pastors** 

## Dear supporters,

"Leaving no one behind" is the pledge of the global Sustainable Development Goals adopted by the UN Member States in 2015. Taking this responsibility seriously, action medeor gives particular focus to Goal 3: Ensure healthy lives and promote well-being for all at all ages. At least half of the world's population lacks access to essential health services, according to a report from the World Health Organization. And yet, health is a prerequisite for development. It brings and maintains peace, and promotes prosperity. It is therefore our vision to achieve health for all people, regardless of where they live. Aside from pure medical aid, this requires effective and sustainable project work, which action medeor implements through Development Cooperation, Humanitarian Aid and Pharmaceutical Advisory Services.

The work of humanitarian aid organizations is challenging. Supporting humanitarian corridors in armed conflict zones is a difficult task, with humanitarian workers quite frequently risking targeted attacks. It is of paramount importance here to create and protect space for civil society and to strengthen our partners on the ground. Yemen has now become the world's worst humanitarian crisis in decades. In 2018 alone, action medeor sent shipments of relief supplies from its medicines warehouse in Tönisvorst worth more than one million euros to Yemen. Other priority countries that received vital medical aid from action medeor as the global emergency dispensary include South Sudan, Syria and Northern Iraq. Emergency relief efforts of action medeor involved prompt response to urgent medical needs of people such as most recently the victims of Cyclone Idai

in Mozambique, Malawi and Zimbabwe. Additional supplies were sent from our branches in Malawi and Tanzania.

The requirements for the supply of safe medicines are many and varied. Our pharmaceutical advisory services team therefore supports our local parners in a number of projects to ensure these requirements are met.

As well as furthering the development of pharmaceutical professionals in 2018, action medeor organized several training programs on licencing processes and a workshop on the construction of manufacturing companies.

These are wide-ranging measures that are implemented by action medeor as the global emergency dispensary, to promote better healthcare worldwide. And we can only achieve this with the support of our supporters. Our sincerest thanks for standing alongside us.

Bernd Pastors

CE0

Tönisvorst, June 2019

Mistoph Bongmenn

Christoph Bonsmann
Executive Committee Member

## The global emergency dispensary in 2018

Receipt of 8.10 million euros of restricted & unrestricted monetary donations

1.02 million euros of in kind donations

3.57 million euros of third-party funding

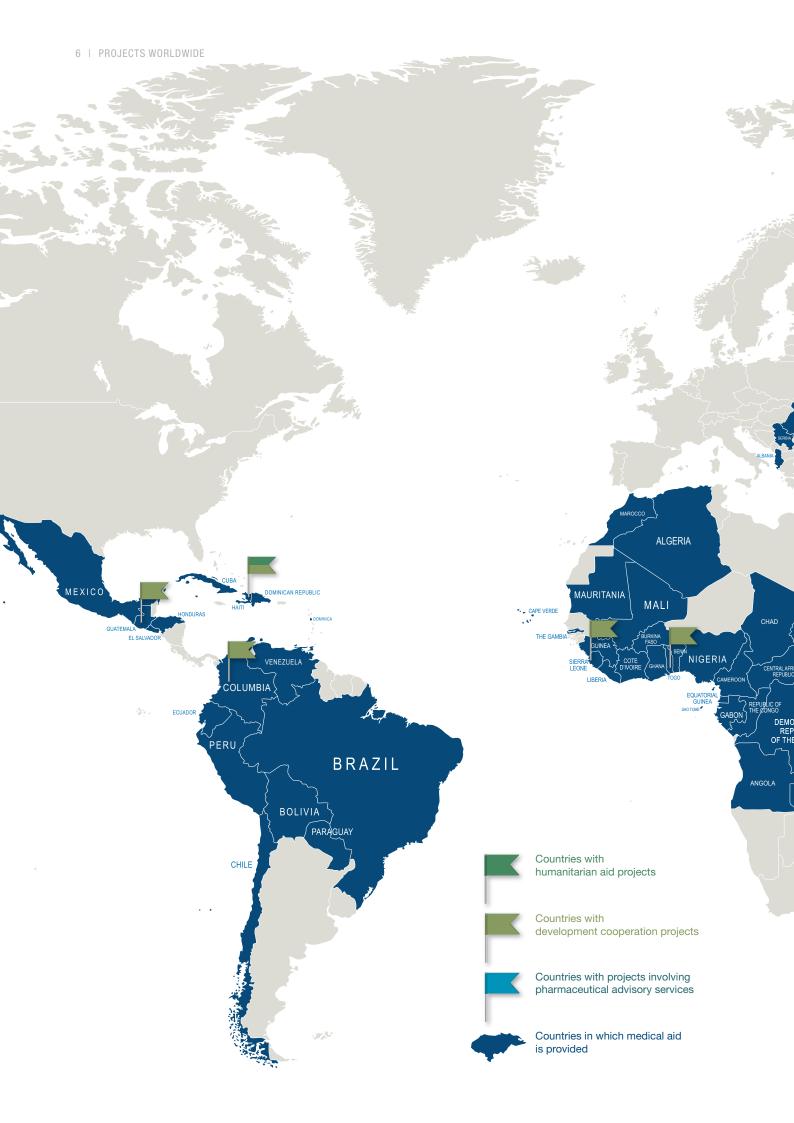
Know-how of 79 full-time employees and 40 volunteers

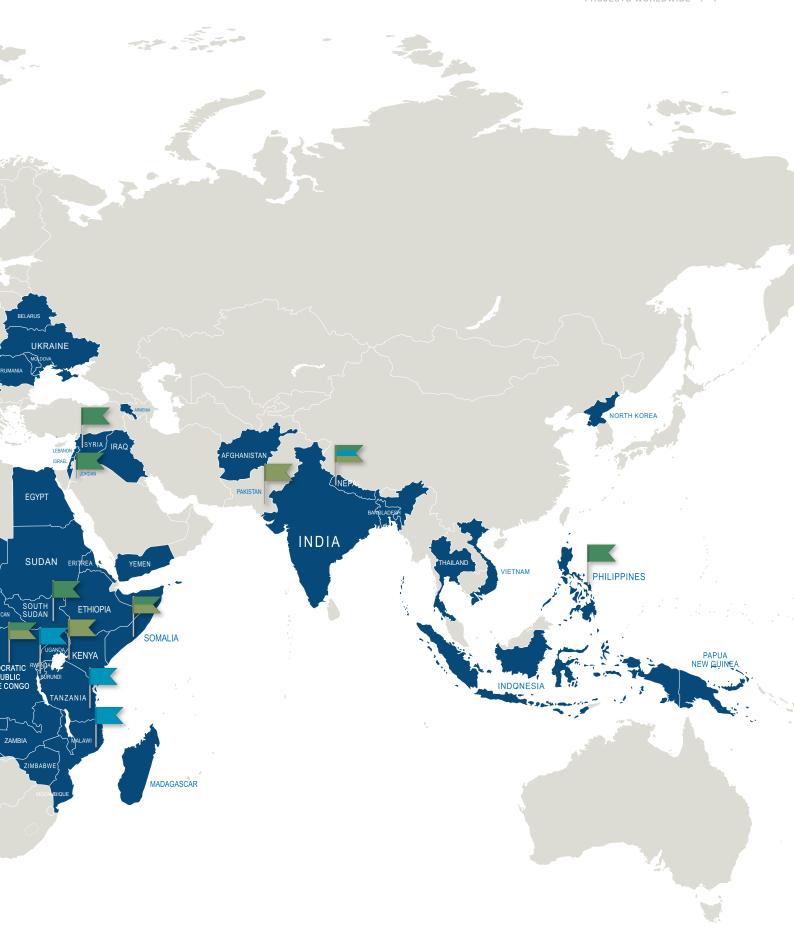
A warehouse of  $4{,}000~m^2$  stores 158~different medicines and 563~medical supply items.

Some 16,669 packages weighing 321 t in total were sent to 82 different countries.

More than 1.3 m people benefited from emergency aid and reconstruction projects.

Our projects  $3.7 \, \text{m}$  people.









## Health is a human right

For more than 50 years, action medeor has had a single vision: a world in which every person has access to reliable health services, including prevention, treatment and the supply of medicines. Based on the WHO, at least half of the world's population cannot access these essential health services.

At the United Nations Summit on Sustainable Development in 2015 the member states formally adopted the 2030 Agenda. It contains a set of 17 Sustainable Development Goals (SDG) that require a comprehensive and integrated approach of government and civil society to implement the global goals consistently and systematically. This necessitates greater understanding of global interconnections and their impact on individuals, while taking a closer look at the policy of sustainable development.

action medeor takes this responsibility very seriously. As the global emgergency dispensary, it contributes especially to Sustainable Development Goal 3: Good Health and Wellbeing for all at all ages. The "Global Health Starts at Home" series of expositions enabled action medeor in the latter half of 2018 to give appropriate visibility to and effectively com-

municate the global challenges in health, and set them in context with the SDGs.

That global health affects people in every part of the world became apparent once more with the Ebola epidemic back in 2014. When the first Ebola cases were reported in Guinea, no one could have predicted that within half a year, it would spread all the way to the American and European continents. Ebola was no longer a problem only for West Africa, but for the whole world. We all are responsible for taking a proactive approach to strengthening health systems, to ensure that, together, we can respond better to challenges of this kind. In playing its part, action medeor responded with shipments of medicine and awareness raising campaigns.



## Our guidelines

### Mission. medeor – I help, I heal

As a non-governmental medical aid organization and part of civil society, our foundation is our donors, volunteers, full-time staff, and our global partners.

### We provide ...

people in need with access to medicines and ensure continuous medical care.

### ... support and promote

local health care structures.

#### ... enable

our partners and local people to improve medical care for themselves and those around them and so help to build stronger local communities and stable structures.

### ... fight

worldwide against diseases due to poverty, HIV/Aids, malaria and tuberculosis, as well as neglected tropical diseases.

### ... help

in emergency and disaster situations, both promptly and over the long term.

### ... educate

and raise awareness of health issues to prevent diseases.

### ... qualify

professional staff and help through transfer of knowledge to equip local partners with pharmaceutical and medical skills.

### ... campaign

for solidarity and support from the public highlighting the link between poverty and disease.

### ... change

opinions by educating people and by informing and sensitizing the public to health issues, but also with regard to common development objectives and sustainable living.

our resources with those of other organizations and networks in an effort to influence local, European and international policies on health and development issues.

### Values. Our principles

Solidarity and charity are our driving force. We work to secure human rights and the right to health.

### Independence and responsibility

We help others to help themselves and act responsibly both within our organization and outside.

#### Neutrality

We provide help and support, regardless of age, gender, ethnic origin, sexual orientation or political and religious

### Respectful cooperation as equals

We respect the dignity and culture of our partners.

### Transparency

We work on the basis of transparency and open communication in our organization and on the outside, and regularly give an account of our work.

### Participation

We exemplify and promote participative cooperation both in our work with local partners and in our own organization. We believe that everyone stands to benefit.

### Effectiveness and efficiency

Our actions and operational processes are focused on maximum effect at minimum cost.

### Protecting resources

Our structures and processes are constantly adapted in a continual improvement process to ensure sustainable operations. Our aim is to leave as small a carbon footprint as possible.

### Staff

We believe in staff development to ensure our team is able to deal with the human and professional demands. We expect from them that they continuously improve their knowledge and skills.



Medicine supplies from action medeor are hugely important to the people in Yemen. The medicines of the aid organization meet strict safety and quality standards. In Yemen, many of the local drugs are of substandard quality, so doctors are left to rely on their own subjective judgments.

Don Magbanua | ADRA Yemen

### **Medical** aid

Medical aid is the cornerstone of action medeor around which the aid organization has been built and consistently advanced since 1964. Our warehouse in Tönisvorst has grown to 4.000 m² in the last few years and now stocks 158 different medicines. The selection is informed by the List of Essential Medicines published by the World Health Organization (WHO). As well as this, action medeor stocks around 560 different medical supply items and equipment. Where necessary, staff at action medeor advise partners at the local health facilities on aspects such as proper storage of medicines and their quality control.

Medical aid is organized such that it allows action medeor to react promptly in emergencies and deliver medical aid to relief organizations and health facilities across the world within 24 hours. This quick response is vital, as disasters often bring the medical infrastructure to a halt. But medical teams and the rescue services quickly need the right medicines to tend to the victims. This explains why action medeor keeps a steady stockpile of Emergency Health Kits that are ready for shipment within a few hours. Each weighing 938 kilos, a single kit can provide medical care to an average of 10,000 people for three whole months.

All medicines and medical supplies are provided at cost and, preferably, are financed by donations. Other aid deliveries are subsidized by or entirely paid for through public funds. The pharmaceuticals industry supports our cause with much appreciated and lifesaving donations in kind.

Efficient quality assurance ensures a consistently high quality of the products procured and stocked by action medeor. The medicines are sourced from different manufacturers in Europe and Asia in



accordance with international quality standards. Significantly cheaper, these high-quality generics contain the same active ingredients as the original brand product, but are no longer covered under patent protection.

In the last year, action medeor supplied 82 countries with medicines and medical supplies worth 5.96 million euros (2017: 6.94 million euros).

## Donations in kind are subject to strict quality standards

action medeor supplies health centers in the poorest countries of the world with medicines, medical equipment and supplies. These shipments are primarily funded by donations, but the aid organization also depends on lifesaving in-kind donations.

In the early days of action medeor, more than 50 years ago, the aid organization would collect, sort and send out pharmaceutical samples. This approach was soon replaced by high standards of quality assurance, a needs-based disbursement to the recipient countries and professionalized logistics processes. In the same vein, strict criteria were introduced to govern in-kind donations of drugs based on the Guidelines for Drug Donations of the World Health Organization (WHO):

- All donated drugs should appear on the WHO Model List of Essential Medicines or the national list of essential drugs of the recipient country and be obtained from a reliable source.
- The presentation, strength and formulation of donated drugs should, as much as possible, be similar to those of drugs commonly used in the recipient country.
- All drugs should, at least, be labelled in English and indicate the International Nonproprietary Name.
- With a few exceptions, donated drugs should have a remaining shelf-life of at least 13 months upon arrival in the recipient country.
- All donations should be submitted with certificates of analysis and provide information on the registration/licensing status. They must be accompanied by a detailed packing list which specifies the contents of each carton.
- No drugs should be donated that have been issued to patients, or were given to health professionals as free samples.

## Medical aid in Yemen— worst humanitarian crisis in recent times

The United Nations has categorized the situation in Yemen as the world's worst humanitarian crisis in recent times—yet the suffering of Yemeni civilians is largely kept out of the western public eye. With the civil war continuing in its fifth year, some 24 million people, almost 80 percent of the total population, urgently require humanitarian aid.

Yemen's healthcare system is on the verge of collapse. Doctors have not been paid for years, certified safe medicine is extremely scarce. Since April 2017 there have been more than 1.2 million cases of suspected cholera. Staff of action medeor are in constant communication with local partners to discuss the current situation in the country and to coordinate further aid deliveries. One such point of contact is the partner organization ADRA Yemen. The local aid agency delivers health services to the community and, partnering with action medeor, ensures that the Yemeni people receive the medicines they so desperately need.

In 2018 alone, action medeor delivered medicines and medical supplies worth more than one million euros to health fa-

cilities in Yemen; almost three times more than in 2017. The shipments mostly contained vital drugs such as antibiotics and analgesics, but also dressing material and infusion solutions for the treatment of cholera patients. A primary focus of action medeor's medical aid program in 2018 therefore was on Yemen.

Relief efforts will continue through 2019. The distribution of supplies in this troubled region remains a key challenge for action medeor. But thanks in no small part to the invaluable work of our partner organizations, action medeor is able to transport medical aid supplies safely to health facilities in Yemen.



## action medeor advises health facilities, as in Northern Iraq

Though the war in Iraq ended in 2017, more than two million internally displaced people still live in the most difficult conditions. With most aid organizations focused primarily on the refugee camps, health facilities in the cities lack vital support. The Partner Development team of action medeor provides advice and helps to strengthen health structures in crisis-ridden regions.

The Rozh Halat Emergency Hospital in Erbil is one of many facilities served by action medeor's Partner Development team. In response to the desperate lack of medical aid in 2018, action medeor delivered a total of 6.5 tons of medicines and medical equipment worth 80,000 euros to the Rozh Halat Emergency Hospital. Every day, the hospital registers 800 new patients in dire need of medical care. This is not counting some 250,000 refugees living in host families, many of whom also depend on assistance.

As well as delivering medicines, action medeor was on hand to advise the hospital on structural issues. In an effort to provide targeted support, the Rozh Halat Emergency Hospital was visited by one of the Partner Development team in order to meet with the hospital manager to define the hospital's needs and discuss its development goals.

The Partner Development team works to understand the processes and operations of health facilities in the partner countries, classifies them and cooperates with the partner in an advisory capacity. Along with this, action medeor promotes a network mentality among its partners. This will also benefit the Rozh Halat Emergency Hospital, where staff training programs will soon be initiated. The role of action medeor in this will be to find suitable local partners and establish contact between them. Not only does this create trust on all sides, it unites action medeor with its partners and expands a network that is vitally important for strengthening the health structures.

Visiting the Rozh Halat, Mareike Illing (left, Partner Development at action medeor) gained a better understanding of the hospital's operations and supply needs and its priorities going forward.



## action medeor locations in Tanzania and Malawi

For many years now, action medeor has been working to improve healthcare in Tanzania and Malawi. Today, there are four action medeor branches operating in these two countries to supply adequate and effective medicines of assured high quality.

Since 2015, the action medeor branch in Malawi has supplied medicines and medical supplies to hospitals, health facilities and drugstores of non-commercial, public and faith-based institutions as well as of non-governmental and charitable organizations. Most of these health facilities provide treatment to the poor at no cost or for a small fee. As well as this, the eight-strong team of action medeor Malawi around Country Director Susann Held offers pharmaceutical advisory services to help strengthen the local health structures in the long term. action medeor and its branches draw on years of experience and expertise in various skill-oriented training programs, workshops and individual consultancy.

The Malawi branch is the result of positive experiences in Tanzania. Today, action medeor Tanzania operates three offices with warehouses to supply health posts all over Tanzania, reaching even remote rural communities. In addition to the medicines warehouses in Dar es Salaam and Masasi, a third warehouse in Makambako was opened in March 2018

thanks in no small part to the funding provided by action medeor cooperation partner Jungheinrich. Makambako is located in the southern highlands of Tanzania, 650 km away from Dar es Salaam. action medeor Tanzania supplies the rural south-west of the country directly from Makambako, meaning that local partners can now receive products within one working day. For action medeor it is a further step toward better access to medical care for all Tanzanian people, especially in remote areas.

### action medeor **Medical Aid Organization Malawi Ltd. – 2018**

Location in **Malawi**: Lilongwe

Number of health

66 posts supplied:

Number of staff:

action medeor International Healthcare gGmbH - 2018

Location in **Tansania**: Dar es Salaam, Masasi,

Makambako

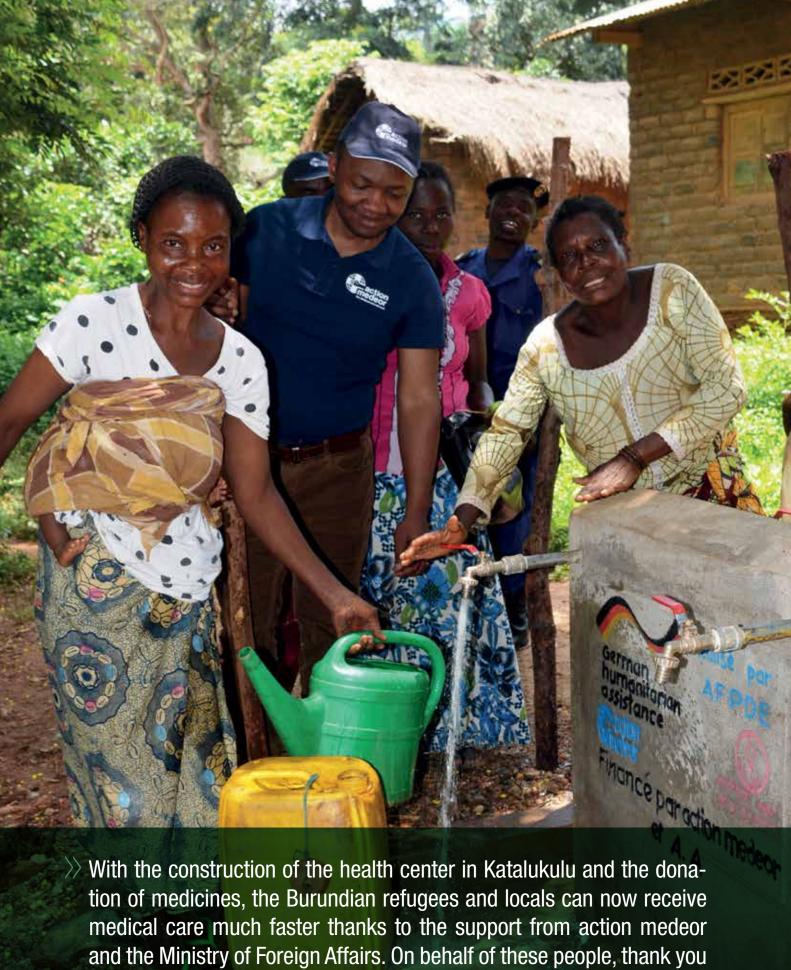
Number of health

posts supplied: 861

Number of staff: 20

> The new warehouse in Makambako employs three full-time staff—including a pharmaceutical technician.





so much.

Chantal Binwa | AFPDE Coordinator—Uvira, DR Congo

### **Humanitarian aid**

The challenges facing humanitarian aid organizations in 2018 were as formidable as ever and indeed grew ever more complex. Armed conflicts, lack of government responsibility and extreme weather events in already vulnerable regions of the world further complicated matters for aid organizations and the governments affected. Still, too little attention continues to be given to the role of climate change and its exacerbating effects on humanitarian crises and the living conditions of people in many regions of this world. The severe drought in 2018 left millions of people around the globe in urgent need of food aid. In Ethiopia, Burundi, Madagascar and Somalia alone, the number of people displaced by the drought is estimated to be around 1.3 million. But without being able to pinpoint how many people are affected, it is difficult for aid organizations to plan a rapid response and initiate appropriate measures.

Drought and flooding are not the only factors in Somalia prompting need for assistance; long years of conflict have seriously weakened Somalia's health system and led to an increasing number of people requiring treatment. Working in partnership with the local organization WARDI Relief and Development Initiatives, with support from the Ministry of Foreign Affairs, action medeor set up a hospital with more than 300,000 beds, while improving the water supply and sanitation facilities to prevent diseases.

Similar aid was provided to the people in the DR Congo, where action medeor continues to assist with healthcare services for Burundian refugees.



By and large, action medeor implemented 24 projects worth more than 2.6 million euros in 2018.

The situation remains challenging in the current year. Humanitarian efforts are increasingly fraught with danger, particularly for volunteers in the field, while local healthcare resources are at a premium for many people. Support and assistance from aid organizations such as action medeor are now more important than ever.

Below is an overview of the number of people that benefited from the various forms of humanitarian assistance provided by action medeor and of the strengthened and rebuilt structures in 2018.

### **EMERGENCY RELIEF/ASSISTANCE**

responds promptly to meet the most urgent needs



**60** tons of medicines and medical equipment



Additional relief supplies for more than **24,200** people



Medical care for **203,300** people



Treatment of **3,800** malnourished children

### TRANSITIONAL AID & RECONSTRUCTION

to strengthen basic infrastructures and improve the standard of living



Strengthening and reconstruction of **19** health facilities



Support of **142,500** of the most vulnerable people



Water, sanitation and hygiene for **31,900** people



Training of **99** health promoters and first responders

## **Democratic Republic of Congo: Emergency relief for Burundian refugees**

The unrest gripping Burundi since 2015 led to a large influx of refugees in neighboring countries. The precarious situation resulting from the violence that erupted between government forces of President Pierre Nkurunzizza and armed opposition groups seems to diminish what little hope remains for an imminent return of the refugees to their homeland.

In the past year, the number of Burundians that have found refuge in the east of the Democratic Republic of Congo continued to rise. The UN refugee agency (UNHCR) estimates there are now almost 47,000 Burundians living in Congolese refugee camps and host communities. The stream of refugees entering the crisis-ridden province of South Kivu places a huge strain on the reception area.

Working with the local organization AFPDE (Association des femmes pour la Promotion et le Développement Endogène) for more than three years now, action medeor has been implementing a set of measures with funding from the Ministry of Foreign Affairs (AA), to provide urgent relief for the Burundian refugees and their host communities. The measures are put in place with focus on and around two refugee camps close to the Burundian border. To ensure targeted support for the refugees, AFPDE is working closely with the UN refugee agency responsible for managing the refugee camp.

In March 2018 action medeor staff were present when the urgently needed Katalukulu health center was opened on the outskirts of the Mulongwe refugee camp and handed over to the local health authority. The center provides primary healthcare for both the camp population and the locals. Particular focus is also given to improving the medical ser-

### **Key project data:**

Lusenda (Nundu), Mulongwe (Fizi), Project region:

Süd-Kivu (East DR Congo)

Project period: March 2017 – February 2019

Total funding: 2,111,145 euros

vices for mothers and children. This covers free treatment for pregnant women, breastfeeding mothers and their children as well as the provision of medicines. Preventive courses of action organized by the new health center include the distribution of hygiene kits and mosquito nets. These initiatives are backed by educational and awareness raising events on issues such as HIV/Aids and hygiene to improve the standard of living of the Burundian refugees and their host communities.

> action medeor has provided emergency relief for Burundian refugees since 2015. Focus is given to improving medical aid and access to safe drinking water.





## Setup of a radiology center in Idlib, Syria

The conflict in Syria has been going on for eight years, with devastating consequences. Many of the country's medical centers are destroyed, those remaining lack medicines, essential basic equipment and further diagnostic tools. Capacities are limited—the number of patients is rising.

Ever since the start of the conflict, our partner organization Orient for Human Relief has been working to keep medical care available to the people of Syria in the face of adverse circumstances. At the "Orient Medical Complex"—the organization's health center in Idlib—some 30 health workers treat more than 5,000 patients a month. Treatment is free for the people, unlike at the other health facilities in Syria, where prices for medical services have risen exponentially and are no longer affordable for the internally displaced and large parts of the local community.

A correct diagnosis, particularly in emergency situations, ensures prompt and appropriate care for the sick and wounded. This often requires radiological examinations. In view of the lack of diagnostic tools for almost three million people in Syria's Idlib province, the State Chancellery of North Rhine-Westphalia made funding available for the construction and commissioning of a radiology center in Syria's embattled Idlib. The purchase and transportation of the central MRI machine went ahead, with necessary modifications of the examination room and comprehensive training on the new machine to ensure appropriate, safe and long-term use. Magnetic resonance imaging (MRI) is an extremely accurate method of disease detection throughout the body, and often

### **Key project data:**

Project region: Idlib, Syria

Project period: August 2017 – December 2018

Total funding: 302,153 euros

is used after other testing fails to provide sufficient information to confirm a patient's diagnosis. It provides high-resolution images of the organs and brain, the connective, muscle and nerve tissues, and the bones of the body.

The radiology center in Idlib is the only one in the region, serving more than three million people. Security situation permitting, the center will operate around the clock in three shifts to meet the huge need and demand.



### Improvement of healthcare and sanitation in Somalia

Somalia has suffered from extreme weather such as drought and flooding, compounded by violent conflict, for decades. It is one of the most difficult humanitarian emergencies in the world. Protracted hostilities and recurrent natural disasters have left more than 2.6 million people internally displaced.

Malnutrition and infectious diseases are prevalent, large sections of the population do not have access to clean drinking water and healthcare. The lack of public supplies has led to a dearth of medicines, medical equipment and qualified health professionals.

Working in partnership with WARDI, action medeor supports a number of health facilities in Somalia in an effort to provide access to primary healthcare in the country. A mobile health facility delivers medical aid to internally displaced communities in the regions surrounding the capital Mogadishu. Focus is given to preventive and curative measures for women and children, including treatment of malnourished children, immunizations and diarrhea therapy. In addition, action medeor is involved in helping pregnant women and mothers receive much needed medical attention, including pre- and postnatal care. Within the first few months of the project, more than 13,500 people were treated as outpatients, over 300

The maternal and child mortality rates in Somalia are among the worst in the world. A primary aim of the project is to improve healthcare for women and children.

### **Key project data:**

Project region: Distrikte Hamar Jajab, Hamar

> Weyne, Wabari, Bondhere, Kahda districts, Banadir region, Somalia

Project period: September 2018 - August 2020

Total funding: 1,610,326 euros

required inpatient care—the most common diagnoses being respiratory and diarrheal diseases. The Hamar Jajab Hospital welcomed 402 newborns and examined 2,639 children for malnutrition, of which 389 required treatment.

As well as better healthcare for the project region, efforts center on providing access to safe drinking water and improving sanitation. Initial preparations were made in 2018, with the full set of measures due to be completed in 2019. This includes the establishment of a well, the construction of latrines, the distribtution of hygiene products and the organization of hygiene education events.





## Development cooperation

Health is a human right—yet in many developing countries the people are a long way from claiming, let alone enjoying, this right. While it is the duty of a state to ensure that health services are equally accessible to all, not enough is done on this front in many partner countries. The reality of inadequate local structures is complicated by a lack of trained personnel and financial resources. At the core of action medeor's development cooperation program is the desire to deliver real and lasting improvements to the health situation and living conditions of the communities in these countries. At the same time, action medeor supports its partners in projects aiming to help people help themselves through capacity-building. In close collaboration with local partners action medeor supports people whose circumstances are affected by poor health structures, armed conflicts and natural disasters.

Development cooperation projects are often complex and run for several years, impacting on different levels of healthcare. Project work extends from education on issues including sexual health and hygiene to providing basic and advanced training for health personnel—as in the case of the midwifery school established in Sierra Leone—along with measures designed to improve food security and to set up and strengthen the health structures. Sustainability of the project scope and goals is ensured by handing the responsibility over to the people in these projects, who then act as disseminators. Their role is to pass on to their families and communities what they have learned and thereby help to spot symptoms early on to prevent illnesses and to claim their rights. One of many such examples in 2018 is the training of 450 female health promoters in Colombia who will be able to advise women in the armed conflict of their right to access health services.

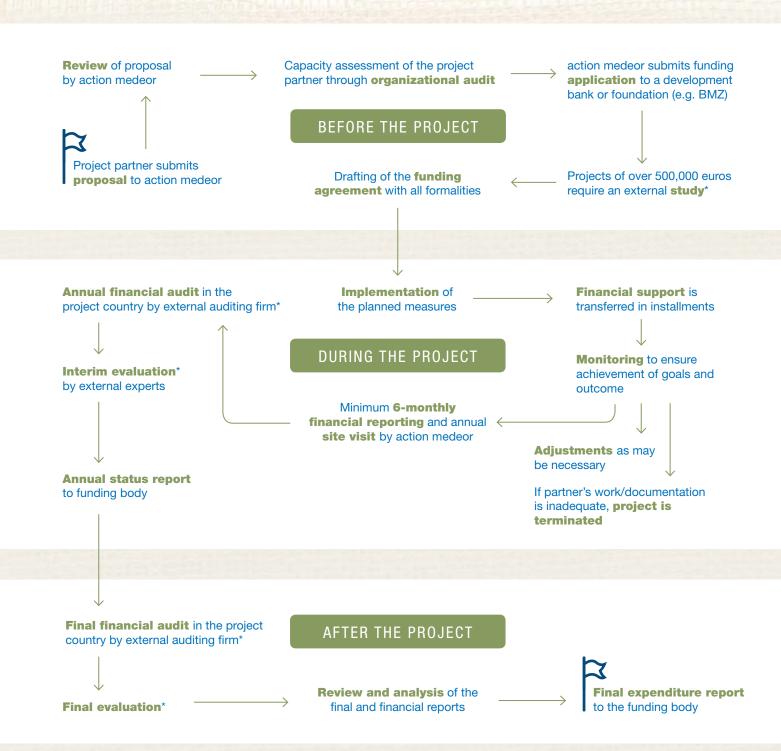
These projects are meticulously planned and their implementation in the development countries is supervised by action medeor. Our work rests on the pillars of partnership and cooperation with local partner organizations. A critical element of our team's support work is the continuous monitoring and assessment of all project activities, establishing whether a project is moving toward



set goals and outcomes, and keeping an eye on the costs, thereby allowing us, where necessary, to agree and initiate appropriate adjustment strategies with the implementing partners.

In 2018 action medeor supported 26 healthcare projects in Asia, Africa and Latin America, worth over 2.3 million euros. Next to donations and endowments, almost 1.54 million euros of the project costs were funded by the German Federal Ministry for Economic Cooperation and Development (BMZ).

Given the diversity of initiatives organized across the various continents, action medeor follows meticulously coordinated structures and processes to ensure effective planning and implementation. This allows us at the end to review each project in terms of goal achievement and overall outcome.



## Sexual health strengthening vulnerable youth in Togo

Knowledge about sexual health and rights among youth in Togo is alarmingly low. Young women in particular are often victims of sexual assault, unwanted pregnancies or contracting sexually transmitted diseases.

Poverty and lack of prospects are increasingly leaving their marks on Togo's young generation. Their search for paid employment in the cities leaves them vulnerable to addictions. Girls in particular are at high risk of being driven into prostitution in order to earn a living. This makes them susceptible to sexually transmitted diseases such as HIV/Aids. Treating these diseases is challenging given the many cases of discrimination these girls encounter at health facilities on account of their lifestyle. The consequences are devastating, not least because the lack of treatment increases the risk of passing the disease on to their partners, children and customers.

Working closely with the local partner organization "Association Petite Soeur à Soeur" (PSAS), action medeor advocates for improving the health, psychosocial and financial situation of disadvantaged and socially deprived youth in Lomé, Kara and Hahotoé. Free medical consultations and care services include family planning, along with the diagnosis and treatment of sexually transmitted diseases. PSAS has been accredited by the Ministry of Health as a treatment center for HIV positive patients. As well as providing psychosocial and medical care, staff are specially trained to administer drugs

### **Key project data:**

Project region: Lomé, Kara and Hahotoé, Togo

Project period: March 2016 – December 2019

Total funding: 665,769 euros

to these patients. The program is also designed to treat exposed children and partners of these young women.

In addition to this, the young people are educated by social street workers about issues related to sexual health, human rights, personal development and the programs available at the PSAS health center. In many cases, these efforts are aimed at getting the youngsters to agree to an examination or HIV test. As a long-term measure, PSAS offers training courses in hairdressing or dressmaking for girls living in poverty, enabling them to earn a regular income for themselves and their families and to develop into confident young women.



### Improving the health and rights of women in Colombia

Colombia has the most internally displaced people in the world. Since 1997, 16 percent of the Colombian population, around 7.7 million people, have been driven out of their homes, villages or regions. The reason: five decades of armed conflict between guerillas and the government.

The violence has left thousands dead or displaced, with children and young people forcibly recruited, communities occupied and a country struggling to cope with a national trauma. Widespread sexual violence is an equally integral part of the armed conflict in Colombia.

In cooperation with the local Taller Abierto organization, action medeor works hard to improve the health of women especially affected by the violence in crisis-ridden Colombia. Many of them are internally displaced or returnees. The project seeks to promote, protect and guarantee the sexual health and rights of women, including prevention and treatment of sexually transmitted diseases, the right to freedom from sexual violence, education on sexuality and family planning, and mother and child health.

In working together, the goal of all project activities is to bring about a lasting improvement of sexual health-such as the reduction in incidence of sexually transmitted diseases like HIV/Aids-while promoting knowledge of sexual

### Key project data:

Cauca and Valle de Cauca, Project region:

Colombia

April 2015 - February 2019 Project period:

Total funding: 549,863 euros

rights. Given that women in particular face discrimination as a result of their social and financial situation and are victims of sexualized violence, 450 women in the project are trained to be health promoters, enabling them to claim the right to access health services while passing on what they have learned to those around them. The training program covers all aspects of sexual health and rights, and teaches methods on how to run information events and awareness campaigns. Alongside this, the men are taught about sexual health and fulfilling their role as men without violence.



## Sanitation and hygiene for schools in rural Nepal

Dolakha is one of the districts in Nepal worst affected by the earthquakes in spring 2015, with consequences that are still very much evident today. Even before the earthquakes, the situation of the people in remote rural areas had been precarious.

In partnership with the Nepalese organization ECCA (Environmental Camps for Conservation Awareness), action medeor launched a project back in February 2017 whose goal was to promote better hygiene in schools. Inadequate sanitation and hygiene are major factors contributing to malnutrition and the risk of infection recurrence. Children and adults have few options to protect themselves from infections, despite the fact that this risk could easily be reduced by putting in place a few simple measures.

Besides the construction and rebuilding of sanitary facilities, the project activities focus on a number of hygiene-related educational measures designed to instruct the pupils and teachers at the schools as well as the parents and school officials on the importance of water, sanitation and hygiene for health. Together, a plan will be established to bring about lasting improvement of the hygiene and sanitation conditions in the schools. The facilities will be designed and built with special emphasis on suitability for children, particularly the girls, to ensure that the latter will no longer have to miss school during their menstruation.

### **Key project data:**

Project region: Jhule and Bhirkot

in Dolakha district, Nepal

September 2017 – December 2018 Project period:

170,000 euros Total funding:

In 2017 and 2018 five schools were given the green light to participate in the project. The option was given to add other elements to the project, such as First Aid courses—another great asset enabling the children to strengthen their future. What's more, the children will be able to pass on what they have learned to their families and communities, thus also helping gradually to improve the overall situation.

> The project targeted 1,196 children in total. Most of the pupils came from very low-income families.











# action medeor pharmacist











>> In our fight against inferior and counterfeit drugs, we offer health facilities, national authorities and local manufacturers pharmaceutical advisory services with good terms.

## Pharmaceutical advisory services

Pharmacists are a fundamental element of our work. Thanks to their commitment, action medeor is able to offer high-quality products and competent consultancy. With the help of pharmaceutical advisory services, action medeor supports the local development and production of medicines. Our aim is to impart the necessary knowledge to the local partners, thereby enabling them to provide pharmaceutical and medical care independently. This includes the ability to produce drugs locally in compliance with relevant quality standards and to dispense them to patients at an affordable price. A primary objective of the pharmaceutical advisory services of action medeor is to promote the supply of essential, high-quality medicines to all people in every region of the world. Our mission is that no one should die from a treatable disease.

A key focal point in this is the training and development of professional pharmaceutical personnel. Working with senior experts who largely volunteer their time, our pharmaceutical advisory team covers a wide range of aspects related to procurement, production, medicine management, quality control and drug safety.

In 2018 the work of action medeor in these areas once again involved a variety of projects. In training pharmaceutical professionals, for example, focus was given to improving the quality of nonacademic pharmaceutical training programs and promoting pharmacy students working toward a master's degree in Tanzania. Both projects will receive the support of action medeor over several years.

As well as the planning and implementation of training programs focused on the manufacture and licensing of medicines in Nepal and Tanzania, action medeor also ran a workshop for East African



manufacturers, centering on the planning and implementation of projects concerned with the construction and renovation of production facilities. This workshop was a special project for the pharmaceutical advisory team, as it enabled action medeor not only to share valuable knowledge, but also to consolidate its relationship with East African manufacturers.

## Workshop: Quality assurance of medicines in Nepal

Every country has national authorities responsible for drug control. Increasingly, developing countries are moving toward establishing more stringent systems that enable these agencies to ensure proper drug quality control. The systems will be harmonized with internationally recognized mechanisms and standards—such as the World Health Organization guidelines.

Nepal is one country whose legislators have recognized the importance of quality control and drug safety to protect its people from substandard or ineffective drugs. In order to achieve this goal, the country must first establish a sophisticated drug approval system based on international standards. This falls under the remit of the Department of Drug Administration (DDA), the Nepali organization responsible for drug licensing. The support of action medeor is a vital factor in this. As a medical aid organization, action medeor has as its goal not only to supply high-quality medicines, but also to strengthen and reinforce the capacity of local health structures in the countries concerned. At the invitation of the Nepalese manufacturing association, action medeor therefore held a four-day workshop on drug approval in November 2018.

The workshop was designed to teach the around 60 participants how a drug approval system works, how to put together approval documents for the products and how the pharmaceutical law in Nepal is structured. Practical examples illustrated how to collect, review and document in a structured format information from the different departments within a pharmaceutical company. The workshop was characterized not only by these learning targets, but also by lively discussions between the drug manufacturers and the regulatory authority, and by action medeor experience reports.

An important conclusion of the workshop: Working on improving the quality of drugs at the same time provides the option and opportunity to optimize the manufacturing processes for greater efficiency. In 2019 further action medeor supported workshops and training measures will be held in Nepal to ensure ongoing optimization of the drug approval processes in Nepal and thus to strengthen the country's health structures for the long term.

### Key project data:

Project region: Nepal

Project period: June - November 2018

7.000 euros **Total funding:** 

Some 60 people attended the training course on drug approval processes in Kathmandu, Nepal.



### Sponsoring master's students in Tanzania

Only 30 percent of health facilities in Tanzania have pharmaceutical personnel. In an effort to change this, pharmacy students receive a scholarship that enables them to pursue their master's degree.

Tanzania faces a shortage of pharmaceutical personnel at every level of its health system. And yet pharmaceutical expertise is essential to ensuring the quality and safe use of medicines. This includes the manufacturing, sale and storage of drugs, but goes as far as advising health personnel and patients.

In an effort to counter the shortage of staff in Tanzania, action medeor supports pharmaceutical schools and universities in the academic training of pharmaceutical professionals. As part of this project, action medeor specifically sponsors two students who are working toward a Master of Pharmaceutical Sciences. This is because the shortage of pharmaceutical staff is compounded by the fact that well-trained pharmacists often leave home to continue their studies abroad, and many decide not to return to their country.

This is where action medeor comes in, enabling two scholarship students to pursue a master's degree at the Muhimbili University in Dar es Salam (MUHAS), Tanzania. Over these two years, the action medeor Foundation pays all tuition fees, the publication of their master's thesis and any living expenses, so that the students can fully concentrate on their studies. Because the pharmaceutical infrastructure in Tanzania can only improve by promoting talented young academ-

One of these students is Mihayo Nyombwe. In his two-year postgraduate course, he focuses on the quality of creams used for the treatment of skin inflammations. The cream contains two active ingredients that tend to degrade in the higher temperatures often found at Tansania's health posts. As a master's student, he is developing analytical methods to demonstrate that specific storage conditions are required to ensure the quality and safety of the medication.

### **Key project data:**

Project region: **Tanzania** 

Project period: 2017/18 academic year to





## **Selection of projects in 2018**

Matrice   Matr		Continent	Country	Project focus	
South Sudan South Sudan South Sudan South Sudan South Sudan South Glices to deven health facilities in South Sudan Acia Acia Acia Acia Acia Acia Acia Acia	Humanitarian Aid	Africa	DR Congo	Healthcare and drinking water supply for Burundian refugees and locals	
South Sudan   Supply of medicines to eleven health facilities in South Sudan			Somalia	Provision and stabilization of basic and mother/child healthcare in Mogadishu	
Asia   Jordan   Strengthening of rehabilitation thorapy			Somalia	Access to healthcare and WASH	
Nepal   Prevention of violence against women in Kathmandu   Philippines   Taining of lifesavers			South Sudan	Supply of medicines to eleven health facilities in South Sudan	
Philippines Sarle schools for all, disaster prevention Philippines Sarle schools for all, disaster prevention Philippines Sarle schools for all, disaster prevention Philippines Emergency relief Syria Improvement of healthcare in Syria Improvement of healthcare in Syria Improvement of healthcare in Idilo Winter relief for internally displaced people in Syria Wash and and reconstruction after Huricane Matthew in Lamardelle Wash and internally displaced people in Syria Wash and and reconstruction and middle abstitionary in North Kenya Wash (waster, sanitation and hygiene) school in Bo Wash (waster, sanitation and hygiene) facilities in schools Wash (waster, san		Asia	Jordan	Strengthening of rehabilitation therapy	
Philippines   Safe schools for all, disaster prevention			Nepal	Prevention of violence against women in Kathmandu	
Philippines   Emergency rolled   Syria   Improvement of healthcare in Syria   Improvement of healthcare in Syria   Improvement of healthcare in Idulia   Syria   Improvement of healthcare in Idulia   Syria   Minter relief for internally displaced people in Syria   South America   Halti   Medical aid and reconstruction after Hurricane Matthew in Lamardelle			Philippines	Training of lifesavers	
Syria   Improvement of healthcare in Syria   Syria   Improvement of healthcare in India   Syria   Syria   Improvement of healthcare in India   Syria   Winter relief for internally displaced people in Syria   Winter relief for internally displaced people in Syria   Medical aid and reconstruction after Hurricane Matthew in Lamardelle   Improvement of mother and child healthcare in North Kenya   Improvement of mother and child healthcare in North Kenya   DR Congo   Medical and psychosocial care for HIV patients   DR Congo   Medical and psychosocial care for HIV patients   DR Congo   Malaria and malnutrition   DR Congo			Philippines	Safe schools for all, disaster prevention	
Syria   Improvement of healthcare in Idilio   Syria   Winter relief for internally displaced people in Syria   Winter relief for internal for internally displaced people in Syria   Winter relief for internal for			Philippines	Emergency relief	
Syria   Winter relief for internally displaced people in Syria			Syria	Improvement of healthcare in Syria	
South America   Haiti   Medical aid and reconstruction after Furricane Matthew in Lamardelle			Syria	Improvement of healthcare in Idlib	
Development Cooperation			Syria	Winter relief for internally displaced people in Syria	
DR Congo   Malaria and HIV/AIDS awareness and malaria prevention		South America	Haiti	Medical aid and reconstruction after Hurricane Matthew in Lamardelle	
DR Congo Malaria and HIV/AIDS awareness and malaria prevention  DR Congo Malaria and mainutrition  Sierra Leone Setup and operation of a midwifery school in Bo  Somalia Improvement of food security and strengthening the resilience of women and children  Somalia Food security and strengthening the resilience in the Hiraan region  Togo Empowering at-risk youths  Togo Promotion of early childhood education and improvement of nutrition, health, hygiene and security  Asia Nepal WASH (water, sanitation and hygiene) facilities in schools  Nepal Community and school development in rural Nepal  Pakistan Food security in the Thar desert  Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  South America Guatemala Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Halit Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Tanzania Tanzania Support of several Master's students  Fervices  Tanzania Transina Gourania Internally displaced persons  Tanzania Transina Gourania (Seast Africa)  Feast Africa Burudi East Africa Community (EAC) roadmap for improved local drug manufacture  Cooperation of pharmacists (assistants, technicians)  East Africa Support of action medeer Malawi  Support of Malawian drug manufacturers  Taining of manufacturers and regulators  Taining of manufacturers and regulators	<b>Development Cooperation</b>	Africa	Kenya	Improvement of mother and child healthcare in North Kenya	
DR Congo   Sierra Leone   Setup and operation of a midwifery school in Bo			DR Congo	Medical and psychosocial care for HIV patients	
Sierra Leone Somalia Improvement of food security and strengthening the resilience of women and children Somalia Food security and strengthening the resilience in the Hiraan region Togo Empowering at-risk youths Togo Promotion of early childhood education and improvement of nutrition, health, hygiene and security Asia Nepal WASH (water, sanitation and hygiene) facilities in schools Nepal Community and school development in rural Nepal Pakistan Food security in the Thar desert Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert Improvement of healthcare at community level in two rural areas Guatemala Improvement of healthcare at community level in two rural areas Primary healthcare and improvement of obstetrics Colombia Reduction of vulnerability of internally displaced persons Africa Tanzania Support of several Master's students Pharmaceutical Advisory Services Tanzania Training of pharmaceutical training courses Tanzania Training of pharmaceutical networks Malawi Support of action medeor Malawi Malawi Support of Adalwaian drug manufacturers  Continent Country Service focus Training of manufacturers and regulators			DR Congo	Malaria and HIV/AIDS awareness and malaria prevention	
Somalia Improvement of food security and strengthening the resilience of women and children			DR Congo	Malaria and malnutrition	
Somalia   Food security and strengthening the resilience in the Hiraan region   Togo   Empowering at-risk youths			Sierra Leone	Setup and operation of a midwifery school in Bo	
Togo Empowering at-risk youths Togo Promotion of early childhood education and improvement of nutrition, health, hygiene and security  Asia Nepal WASH (water, sanitation and hygiene) facilities in schools  Nepal Community and school development in rural Nepal  Pakistan Food security in the Thar desert  Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  South America Guatemala Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Haiti Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Africa Tanzania Support of several Master's students  Tanzania Pharmaceutical training courses  Tanzania Training of pharmacistis (assistants, technicians)  East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of Alawian drug manufacturers  Continent Country Service focus  Training of manufacturers and regulators  Training of manufacturers and regulators			Somalia	Improvement of food security and strengthening the resilience of women and children	
Togo Promotion of early childhood education and improvement of nutrition, health, hygiene and security  Asia Nepal WASH (water, sanitation and hygiene) facilities in schools  Nepal Community and school development in rural Nepal  Pakistan Food security in the Thar desert  Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  Pakistan Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Haiti Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Pharmaceutical Advisory  Services  Africa Tanzania Support of several Master's students  Pharmaceutical training courses  Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi  Malawi Support of Malawian drug manufacturers  Pharmaceutical Advisory  East Africa Training of manufacturers and regulators  Training of manufacturers and regulators			Somalia	Food security and strengthening the resilience in the Hiraan region	
Asia Nepal WASH (water, sanitation and hygiene) facilities in schools  Nepal Community and school development in rural Nepal  Pakistan Food security in the Thar desert  Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Haiti Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Pharmaceutical Advisory  Services  Africa Tanzania Support of several Master's students  Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East Africa Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of Action medeor Malawi  Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Training of manufacturers and regulators  Training of manufacturers and regulators			Togo	Empowering at-risk youths	
Nepal   Community and school development in rural Nepal     Pakistan   Food security in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Sanitation and hygiene supplies for 35 schools in the Thar desert     Pakistan   Pa			Togo	Promotion of early childhood education and improvement of nutrition, health, hygiene and security	
Pakistan Food security in the Thar desert  Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  South America Guatemala Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Haiti Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Africa Tanzania Support of several Master's students  Tanzania Pharmaceutical training courses  Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi  Support of Malawian drug manufacturers  Pharmaceutical Advisory  East Africa Training of manufacturers and regulators  Training of manufacturers and regulators		Asia	Nepal	WASH (water, sanitation and hygiene) facilities in schools	
Pakistan Sanitation and hygiene supplies for 35 schools in the Thar desert  Guatemala Improvement of healthcare at community level in two rural areas  Guatemala Prevention of violence against girls and women  Haiti Primary healthcare and improvement of obstetrics  Colombia Reduction of vulnerability of internally displaced persons  Africa Tanzania Support of several Master's students  Tanzania Pharmaceutical training courses  Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi  Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory  East Africa Training of manufacturers and regulators			Nepal	Community and school development in rural Nepal	
South America Guatemala Prevention of violence against girls and women Haiti Primary healthcare and improvement of obstetrics Colombia Reduction of vulnerability of internally displaced persons  Africa Tanzania Support of several Master's students Tanzania Pharmaceutical training courses Tanzania Training of pharmacists (assistants, technicians) East Africa Worldwide Cooperation of pharmaceutical networks Malawi Support of action medeor Malawi Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators  Training of manufacturers and regulators			Pakistan	Food security in the Thar desert	
Guatemala   Prevention of violence against girls and women   Haiti   Primary healthcare and improvement of obstetrics   Colombia   Reduction of vulnerability of internally displaced persons   Africa   Tanzania   Support of several Master's students   Tanzania   Pharmaceutical training courses   Tanzania   Training of pharmacists (assistants, technicians)			Pakistan	Sanitation and hygiene supplies for 35 schools in the Thar desert	
Haiti   Primary healthcare and improvement of obstetrics     Colombia   Reduction of vulnerability of internally displaced persons		South America	Guatemala	Improvement of healthcare at community level in two rural areas	
Pharmaceutical Advisory Services  Africa Tanzania Support of several Master's students Tanzania Pharmaceutical training courses Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East Africa Cooperation of pharmaceutical networks Malawi Support of action medeor Malawi Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators  Training of manufacturers and regulators			Guatemala	Prevention of violence against girls and women	
Pharmaceutical Advisory Services  Africa Tanzania Pharmaceutical training courses  Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East Africa Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory  East Africa Training of manufacturers and regulators  Training of manufacturers and regulators			Haiti	Primary healthcare and improvement of obstetrics	
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Tanzania Training of pharmacists (assistants, technicians)  East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi  Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory  East Africa Training of manufacturers and regulators	Pharmaceutical Advisory	Africa	Tanzania	Support of several Master's students	
East Africa Burundi East African Community (EAC) roadmap for improved local drug manufacture  worldwide Cooperation of pharmaceutical networks  Malawi Support of action medeor Malawi Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators	Services		Tanzania	Pharmaceutical training courses	
Worldwide   Cooperation of pharmaceutical networks     Malawi   Support of action medeor Malawi     Malawi   Support of Malawian drug manufacturers     Continent   Country   Service focus			Tanzania	Training of pharmacists (assistants, technicians)	
Malawi Support of action medeor Malawi Support of action medeor Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators		East Africa	Burundi	East African Community (EAC) roadmap for improved local drug manufacture	
Malawi Support of Malawian drug manufacturers  Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators  Training of manufacturers and regulators		worldwide		Cooperation of pharmaceutical networks	
Continent Country Service focus  Pharmaceutical Advisory East Africa Training of manufacturers and regulators  Convinces			Malawi	Support of action medeor Malawi	
Pharmaceutical Advisory East Africa Training of manufacturers and regulators			Malawi	Support of Malawian drug manufacturers	
Pharmaceutical Advisory East Africa Training of manufacturers and regulators					
That independent Authority		Continent	Country	Service focus	
Comingo	Pharmaceutical Advisory	East Africa		Training of manufacturers and regulators	
	_	Asia	Nepal	Training of manufacturers and regulators	

 Period	Project partners	Co-funding/funding providers	Total funding* 2018 (EUR)
March 2017 – December 2018	AFPDE	AA, Fürsorge- und Bildungsstiftung	768,776.35
August 2017 – May 2018	WARDI	ADH/HDL/Ein Herz für Kinder/FBS	127,148.47
September 2018 – August 2020	WARDI	AA	327,681.41
June 2017 – February 2018	CUAMM, CCM, MHw	AA	269,323.46
October 2018 – March 2019	AHS	State Chancellery of NRW	63,097.81
August 2016 – April 2018	PHECT	ADH	5,241.38
January 2015 – December 2018	PLS	ADH/HDL/RISA	3,530.25
March 2017 – April 2018	CREST, ABB	ADH/Telekom	2,830.00
November 2018 – January 2019	CDRC	Own funds	9,885.88
August 2015 – January 2018	Orient	State Chancellery of NRW	282,921.73
February 2018 – May 2018	Orient	ADH	126,313.66
December 2018 – March 2019	Orient	ADH	9,252.00
December 2016 – December 2018	FEJ	ADH/ZWST	46,457.94
April 2015 – March 2018	AICHM	BMZ	96,168.19
January 2018 – December 2019	Pharmakina	Own funds	39,244.53
December 2015 – December 2018	AFPDE	BMZ	139,889.04
August 2017 – June 2019	AEO/ CNA	RTL	96,972.38
January 2017 – December 2020	Caritas Bo	BMZ, Quandt	303,330.62
January 2016 – June 2019	WARDI	SEWOH/ BMZ	284,822.54
December 2018 – December 2023	WARDI	BMZ	21,418.65
March 2016 – December 2019	PSAS	BMZ	158,375.72
September 2017 – October 2019	PAFED	Own funds/RTL	67,845.01
September 2017 – December 2018	ECCA	ADH/RTL	140,243.99
October 2018 – December 2021	ECCA	BMZ	29,050.51
September 2016 – December 2018	PVDP, arche noVa	BMZ	187,001.23
September 2017 – October 2018	PVDP	RTL	57,039.50
October 2016 – September 2019	ASECSA, UCIIS	BMZ	137,233.27
November 2017 – October 2020	ASOGEN, Pies de Occidente	BMZ	210,831.31
December 2015 – June 2019	FEJ	BMZ	178,557.05
April 2015 – February 2019	Taller Abierto	BMZ	166,852.67
October 2017 – December 2020	MUHAS	Own funds	16,440.96
September 2015 – May 2019	KSP, RUHI, PC	Plan G	34,354.62
October 2017 – December 2020	CSSC	BMZ/Bayer/Boehringer/Merck	224,296.33
March 2017 – Feb/Dec 2018	EAC	GIZ/FEAPM	127,042.56
continually	EPN, FIP	Own funds	16,645.90
continually	action medeor Malawi	Own funds	14,129.37
October 2018 – December 2019	Pharmanova	Own funds	2,321.00
Period	Project partners	Co-funding/funding providers	Total funding* 2018 (EUR)
June – September 2018	EAC	PTB	36,874.15
 July 2018 – November 2018	NML	 PTB	7,050.00



## **Communications, fundraising** and education

The aid initiatives of action medeor as the global emergency dispensary are supported by public funds and endowments, but also, to a substantial degree, by private and corporate donations. Reporting to existing sponsors about the work of our aid organization and the business of attracting and retaining new donors falls within the remit of our Marketing and Communications team. It is involved in setting up and managing fundraising campaigns, formulates emergency appeals, puts together information material, organizes events such as the annual Christmas gala, and fosters personal relationships with our sponsors. In an effort to continue raising the profile of action medeor in 2018, the work of our aid organization was once again presented at network meetings and events of our cooperation partners.

action medeor is able to implement its projects and deliver relief aid to those in need thanks to our many different sponsors and donors. It is important that we communicate to them the impact and difference their gifts make, but also to secure long-term support.

In the last year, our media work focused primarily on the relief operations in Yemen, South Sudan and Syria, and on our aid work in Northern Iraq. On the radio and TV and in print and online media, we were able to report comprehensively about the work of action medeor and so gain widespread coverage. New to our program in 2018 was the communication via the online platform Instagram. This allowed us to call attention to the work of action medeor among the younger generation.

Investments in advertising, fundraising and PR are made in consideration of thoughtful and responsible stewardship of our funds. After all, the greated asset of an aid organization is the trust



of its supporters. In response to this, action medeor commits to various transparency and quality control mechanisms to demonstrate efficient and responsible use of all donations.

Relative to the total budget, expenditures for communications, fundraising and educational activities made up a share of 14.10 percent in 2018 (2017: 13.24 percent). The share of spending on administration came to 10.95 percent (2017: 8.27 percent).

## **Creative involvement:** Raising funds for a cause

Mixing fun with charity—numerous formidable fundraising events in 2018 demonstrated how it's done. Two ambitious initiatives showed the power of online fundraising in reaching many within a short period of time.

Thomas and Tim Kliem, the father and son team going by the name of "Nordis Racing Team", set off on a unique adventure, driving their 18-year-old BMW 3 Series around the North Sea. Competing in the Baltic Sea Circle, the northernmost rally in the world, their journey could be followed non-stop on Facebook and Instagram. These two sites were used to drum up support for the fundraiser that they had created on the action medeor website. Almost 1,500 euros were raised in donations. Siegfried Ehlert proved no less enthusiastic, as he embarked on his own journey in late June to raise funds for action medeor. At the impressive age of 78 years, he cycled 1,050 kilometers in six days, spending eight to ten hours a day on his bike. His efforts paid off, when he presented action medeor with close to 1,000 euros.

Our younger fundraisers once again surprised with their own ideas in 2018. The municipal non-denominational elementary school in Vorst has been twinned with the "Vrije Basisschool Meerlaar" elementary school in the Belgian town of the same name for many years now. Every other year, Tönisvorst plays host to the young Belgian delegation who, on this occasion, also pay a visit to action medeor. Ahead of their latest trip, the pupils had decided to get busy and raise money with a car wash fundraiser and the sale of cakes and fries. In September 2018 they presented action medeor with the tidy sum of 1,485 euros.

The deposit bottle fundraiser, backed by action medeor since 2012, reached a peak in 2018. By the end of the year, the initiative had raised 100,000 euros since its launch, thanks to the support of the eleven participating supermarkets in the region. A signal proof that even small amounts can make a big difference.

JCNetwork, the umbrella organization of student management consultancies, took an entirely different approach to supporting the work of action medeor in 2018. For three months, a team of five students made themselves available to action medeor on a pro bono basis to offer guidance and advice on the way to climate neutrality. Determining the carbon footprint of the base in Tönisvorst, a set of measures was initiated in an effort to reduce carbon emissions.



# Work with students a priority of education

"We change opinions by educating people and by informing and sensitizing the public to health issues, but also with regard to common development objectives and sustainable living."

EDUCATIONAL MANDATE OF ACTION MEDEOR

This mandate is part of the guidelines of action medeor. A quick review of our educational work-specifically our work with young students - indicates how diverse our educational mandate can be, both in terms of form and content. Along with exhibitions on issues such as hunger and global health, and a variety of presentations of the work and activities of our global emergency dispensary, a highlight of the educational work of action medeor in 2018 was the national school competition organized by the German Federal Ministry for Economic Cooperation and Development (BMZ).

"Be world-shaking! Act responsibly. Create together!" was the guiding theme of this competition on development policy. Participants were set the task of creating awareness of the opportunities and challenges in the global world, developing sustainable and responsible ideas for action with focus on the 17 Sustainable Development Goals, and implementing them together. It was the first time that action medeor as an NGO\* partner supported the appeal of the school competition.

war and peace to flight and migration, and from sustainable consumption to poverty and health, hunger, and climate change, the issues spotlighted were as broad and varied as their implementation. Not only did student involvement in development policy find recognition in this competition, but key aspects of education in terms of sustainable development of our ONE WORLD could be established in the school curriculum.

Given our mission, action medeor itself pays particular focus to Goal 3: Ensure healthy lives and promote well-being for all at all ages. Presenting itself as a partner of the national school competition at the award ceremony in Berlin, action medeor therefore took the opportunity to highlight in a light-hearted way the health issues of regions in the Global South and to put them in a global context.

\*non-governmental organization



## Companies support the cause of action medeor

For many years now, the work of action medeor has been supported by companies of different sizes and industries. Through local community engagement, these companies hold themselves socially accountable, while standing up for better healthcare in the world's poorest regions.

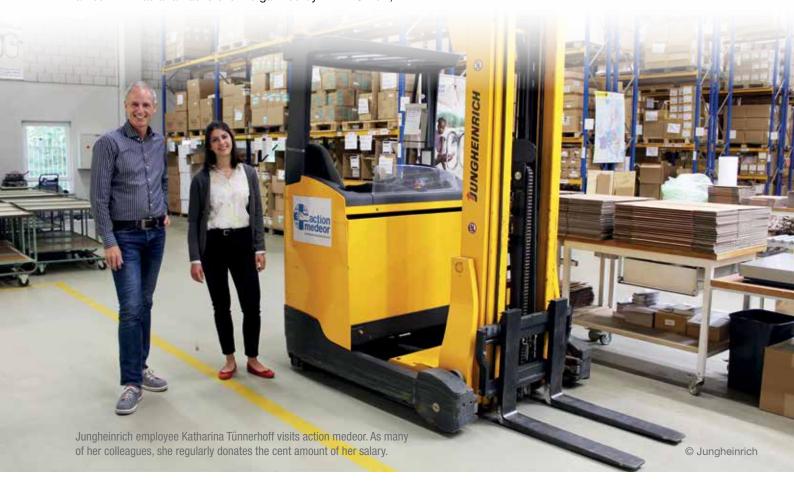
Partnering with these companies is both invaluable to action medeor and a cause for deep gratitude and appreciation of the diversity of commitment shown. Their fundraising efforts, developed with the involvement of their employees and tailored to specific interests and priorities, once again had a visible effect in 2018. One of many such examples is the 'Rest Cent' initiative of our long-standing cooperation partner Jungheinrich, whose employees again raised a substantial sum by donating the cent amounts of their monthly salaries. Jungheinrich AG not only doubled the total thus raised, but also donated the resulting tax benefit. A further donation made by Jungheinrich was in aid of action medeor's intralogistics, and the prevention of HIV and malaria in the DR Congo.

In addition to this, 2018 saw the second installment of the corporate TeamExperience event, with the participating companies raising 12,000 euros to top the previous year's amount. It was a fantastic event organized by XPAD GmbH,

the Lower Rhine Climbing Forest, and the event agency SpecialTimes as members of the Business Owners initiative.

A generous donation toward mother and child health in the DR Congo was received from ZENTIVA Pharma GmbH, while Hitachi High-Technologies Europe GmbH got involved with action medeor once more, strengthening our cooperation with a visit to our base in Dar Es Salaam. Meanwhile, Sartorius AG made a Christmas donation in aid of Yemen. Other generous donors included Constantia Flexibles and APCOA PARKING Group, but also numerous businesses campaigning for the right to health of people worldwide.

Management consulting firm Accenture provided action medeor pro bono with a wonderful opportunity of exchange with companies in a workshop focused on "Design Thinking".



# 1-0 for health advocated by Fortuna Düsseldorf

A social partner of action medeor since 2012, Fortuna Düsseldorf joins the efforts of our aid organization to provide better healthcare for people worldwide. Every year Fortuna Düsseldorf champions this cause with various charity initiatives—always with one goal in mind: 1-0 for health!

What makes this cooperation stand out in particular is the fact that everyone pulls together in a team effort! Fortuna staff, its players and the fans are just as much on board and committed to doing their part in the Fortuna fundraising initiatives and events as are action medeor's full-time and voluntary staff. One of many impressive examples of this is the cup deposit scheme that has been in place on several occasions in the stadium during Fortuna matches. At the end of selected matches, the deposit cups are collected by keen helpers, recently with the active support of the Lions Club Ratinger Tor. The proceeds are then donated to action medeor projects. Not only this, but our medical aid organization is also invited to a host of events held through the year, such as the season opener, the Fortuna race day or the club's Christmas market, to help us spread the word about our work and to appeal for donations.

A new feature in 2018 was the redesign of the Fortuna fan mug with the action medeor logo. With "1-0 for health!", the mug displays the same motto that Fortuna advocates with great emphasis—and with good reason, says Paul Jäger, the club's CSR Director: "The help action medeor provides is impressive. Fortuna will keep supporting its work. Every cent here is wellinvested."







Special thanks are reserved for all those who continue their support of action medeor beyond their lifetime through legacy giving. As well as providing for their family and others close to them, those who choose to leave a gift to action medeor in their will help well beyond their lifetime to save the lives of people in need.



In 2018, a new advertising motif that gives emphasis to the subject of legacies was created for use in both internal and external media.

Planning for the management of your estate during your lifetime shows great responsibility, all the more so given that this is a subject no one likes to broach. However, the clearer your own wishes and ideas are formulated and discussed in advance with your loved ones, the less conflict will ensue later on, and the more certain you can be that your wishes will be honored.

With this in mind, action medeor holds regular information events with an experienced inheritance lawyer to offer guidance and advice on this subject. A free action medeor information brochure is available for download or by mail. The photo exhibition hosted by the initiative named "My legacy does good. The Apple Tree Principle", which joins action medeor with 21 other charitable organizations, came to Tönisvorst in April 2018. Drawing more than 200 visitors to action medeor, the traveling exhibition also visited Potsdam, Münster and Munich in the last year. As always, the private viewing at each venue was a good opportunity to engage in conversation with sponsors nationwide and to meet them in person. In 2019 the exhibition will stop off in Kiel, Lüneburg and Würzburg.

In 2018 action medeor received 876,359 euros from several legacies and bequests. Clocking 18,415 visitors, the traveling exhibition set an all-time attendance record in Potsdam. This is an encouraging sign for our work and confirms action medeor in its endeavors to continue advertising publicly.



For any queries on the Foundation or legacies, please contact:

**Linda Drasba & Susanne Schuran** 

Telephone: +49 2156 9788-173

Email (legacies):

linda.drasba@medeor.de

Email (Foundation): stiftung@medeor.de

# Lasting help: **Donating to health**

Effective medicines of assured quality and properly trained health professionals are the foundation of any health system and the prerequisite for appropriate primary care. Therefore, as of last year, the action medeor Foundation has shifted its focus to center on the training and development of medical and pharmaceutical specialists—worldwide.

Strengthening the pharmaceutical structures for the long term and providing people with better access to primary healthcare requires a transfer of specialist knowledge. With this in mind, the action medeor Foundation focuses its efforts on the training and development of health professionals in countries where the shortage is greatest. This involves the support of academic and non-academic training programs, the award of scholarships, workshops on improving drug quality, the provision of material for teaching and development laboratories, and the training of midwives.

Despite the persistence of low interest rates, many of our donors believe in committing to the action medeor Foundation as a useful and long-term addition to their commitment.

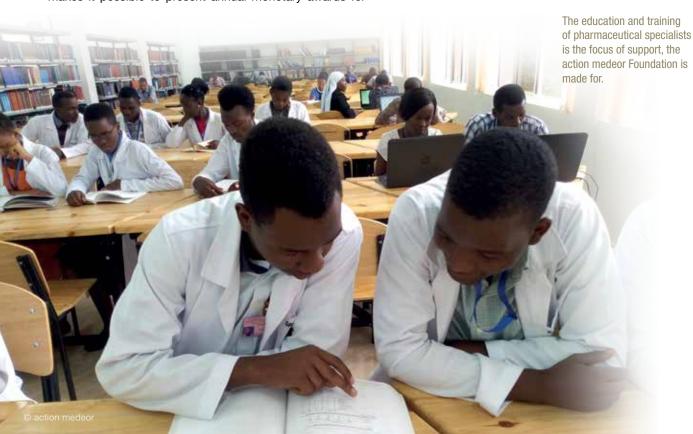
The action medeor Foundation currently has fixed assets of around 1.1 million euros, including endowments of 145,475 euros contributed in 2018. The interest earned on endowments and foundation funds are used for the earmarked projects. For example, the Felix Wiemes Foundation Fund makes it possible to present annual monetary awards for

outstanding achievements to three pharmacy students at the university in Dar es Salaam. Under the umbrella of the action medeor Foundation benefactors have the option at any time to create their own endowment fund for a specific purpose.

Benefactor loans currently amount to 460,000 euros. Again, the interest received on these loans goes toward action medeor projects. The loans themselves remain intact and are repaid in full at the end of the agreed loan period or can be turned into a donation.

A new leaflet launched in 2018 highlights the primary focus of the Foundation and its various options of support, as does an "explanatory film" that is available on media such as the Foundation's website.

For further information on the Foundation go to: www.medeor.de/de/spenden-und-helfen/stiftung



# 2018: Snapshots of the year



For the second time, TeamExperience offered businesses the opportunity in 2018 to combine social engagement with professional teambuildung. Organizers Jörg Brockes, Miriam Colonna, Katrin Kraft and their XPAD GmbH team pooled their skills to set up a fantastic event with a sensational donation result of 12,000 euros. The event is also a wonderful opportunity to give the teams a taste of the work of our global emergency dispensary.

Celebrating 10 years of partnership between North Rhine-Westphalia (NRW) and the Republic of Ghana, an exhibition at Düsseldorf's state parliament was set up to introduce joint projects. action medeor presented the project "Quality improvement of pharmaceuticals locally produced in Ghana". Stefan Glimm (Chairman of the Advisory Committee of action medeor), André Kuper (President of the state parliament of NRW), Dietmar Brockes (Committee for European and International Affairs in the NRW state parliament) and Bernd Pastors (CEO of action medeor) met at the opening of the exhibition.





"Thank you" once again to Hanni von Kameke, granddaughter of the founder of Jungheinrich AG, Friedrich Jungheinrich, for her support of patients at the St. Elisabeth Hospital in Arusha, Tanzania! A digital x-ray machine was installed to improve the diagnosis and care of patients. The previous x-ray machine at the St. Elizabeth Hospital had been over 20 years old and had exposed patients to excessive levels of radiation, not to mention its unsuitability for mobile use.

The North Rhine Chamber of Pharmacists (AKNR) organized "Yemen NOW!" as a fundraising campaign to appeal for donations in aid of the people in Yemen. As part of the "Partnering together as an emergency dispensary" cooperation, which has been in existence since 2014, the pharmacies managed to raise 44,500 euros for medical aid in Tanzania. At the New Year's reception AKNR President Lutz Engelen (2nd fr. l.) met representatives of action medeor, along with guest speaker MdB Sabine Weiss (member of the German Parliament, center).



Health for all, worldwide—the vision at the heart of action medeor was also the focus of its booth at the MEDICA in Düsseldorf. Every year in November, the international trade fair for the medical sector provides a strong impetus to the medical technology industry across the world. In 2018 action medeor was once again represented with a booth at the trade fair and welcomed many visitors, including none other than Christian Grosser, Deputy Director of MEDICA.

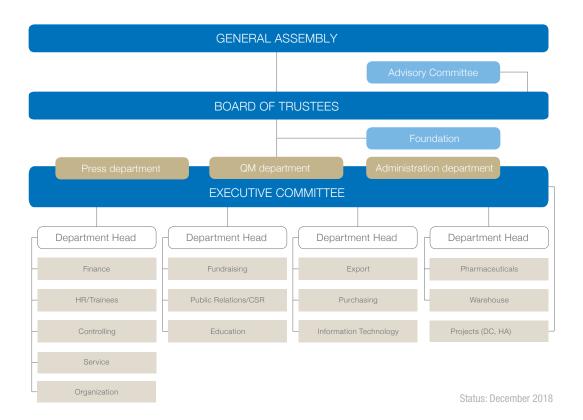
Raising an impressive 10,795 euros, the Apple Blossom Run in 2018 was a roaring success for action medeor! Thanks to the fantastic support of the town of Tönisvorst, the St. Tönis gymnastics club, TV Vorst and many sponsors, the family gala organized on the action medeor grounds alongside the run offered great fun, entertainment and delicious food in glorious weather not only to the 1,500 runners, but also to many visitors.

> For the fifth time, the Lower Rhine Business Owners Initiative (UI) extended its invitation to a "Rheinish Evening". Many of the 24 UI members and entrepreneurs from the region followed the invitation and enjoyed an evening full of entertainment. As well as receiving an update on all the latest news of action medeor, the focus of the night was on networking. Once again, the global emergency dispensary was supported in a diversity of ways by the UI members.



The program at the 20th Christmas gala hosted by action medeor, with WDR 2 presenter Steffi Neu leading through the evening, was organized by the Lower Rhine Opera Studio, the harmonica players Jörg Siebenhaar, Manfred Leuchter and Heinz Hox, "The Royal Squeeze Box", and the children's orchestra of Tonhalle Düsseldorf, directed by Caroliná von Marschall. Pastry chef Georg Maushagen treated the guests to exquisite chocolate specialities. The gala was sponsored by Sparkasse Krefeld, Volksbank Krefeld and Obi Kempen, as well as the magician Schmitz-Backes.

# Organization and personnel



#### The General Assembly

The General Assembly is the supreme organ of the organization and is responsible for aspects such as adoption of the annual accounts, discharge of the Board of Trustees and the Executive Committee, and election of the Board of Trustees. As of December 31, 2018 the General Assembly comprised 108 persons.

#### The Board of Trustees

Duties of the voluntary Board of Trustees include approval of the budget and the annual accounts. The Board of Trustees meets every two months. There are three committees appointed by the Board of Trustees, focused on human resources, finance and controlling, and medicines and pharmaceuticals. These committees act in an advisory capacity to the Board of Trustees. Members of the Board of Trustees include Siegried Thomassen (President), Dr. Thomas Menn (Vice President), Dr. Stefan Derix, Prof. Dr. Marlis Hochbruck and Dr. Ulrich Viefers.

#### The Advisory Committee

The Advisory Committee is elected by the Board of Trustees. It is made up of at least five and at most twelve members. Members are elected for a period of three years and

appoint the chairman/woman from among their number. The Advisory Committee advises the Board of Trustees in the execution of its duties and responsibilities. Members of the Advisory Committee include: Stefan Glimm (Chairman), Dr. Manfred Körber (Deputy Chairman), Dietmar Brockes, Marlis Fertmann, Heinz-Joachim Kersting, Dr. Ullrich Kindling, Regina Risken, Dr. Bärbel Kofler, Dr. Marcus Optendrenk, Udo Schiefner, Uwe Schummer, Dr. Ute Teichert and Dr. Werner Weinholt.

#### The Executive Committee

Acting in a full-time capacity, the Executive Committee manages the organization on its own authority. It is appointed and dismissed by the Board of Trustees and reports to the Board of Trustees on all important matters. The CEO of the Executive Committee is Bernd Pastors (Human Resources, Organization, Finance, Controlling, Marketing and Communications, Purchasing and Export), who is joined on the board by Christoph Bonsmann (Pharmaceuticals, Development Cooperation, Humanitarian Aid and Warehouse).

#### The staff

In 2018, action medeor employed 79 full-time staff, with 40 volunteers supporting the work of the aid organization in speaking engagements and as pharmaceutical experts.

# Oversight and transparency

action medeor is a member of the German Donations Council (Deutscher Spendenrat) and holder of the Donation Certificate. This certificate is issued as evidence of transparency and ethical stewardship of donations. It is the only audit process in Germany with external auditors conducting the quality audits required for the Donation Certificate.

As part of the Transparent Civil Society Initiative (Initiative Transparente Zivilgesellschaft) action medeor complies with the stipulated criteria of disclosing items/facts such as its constitution, the names of its key decision-makers and information about sources and application of funds as well as its personnel structure.

All action medeor staff are committed to upholding defined anti-corruption principles based on the guidelines of Transparency International for the prevention of corrupt practices in national and international work.

Dr. Anke Freckmann serves as ombudswoman for action medeor and can be contacted at anke.freckmann@gmx. de by anyone suspecting irregularities at action medeor, its partners or in projects supported by action medeor.

# **Board of Trustees and Advisory Committee**

The foundation and success of action medeor rest on the collaborative efforts of full-time and voluntary staff working in a spirit of trust.







Voluntary Advisory Committee

### Report of the Advisory Committee

The Advisory Committee is pleased to announce that it has gained in journalist Marlis Fertmann, Dr. Ute Teichert, a specialist in public health, and Lions Club Director Regina Risken, three outstanding individuals as new members whose professional experience and networks are of great interest to action medeor. The Advisory Committee now has twelve people from politics, business, the church, media, the military, and the charitable sector serving as its members. As in the previous year, independent experts from business, politics and the ministries were invited as guest speakers to

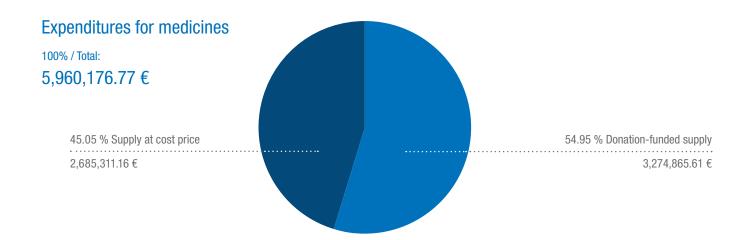
the Committee meetings. Their input, along with the various different ideas and initiatives of individual Committee members help action medeor not only in its 'branding', but frequently also provide specific starting points, such as for the project work or humanitarian aid efforts of action medeor. Besides this, the Advisory Committee acts in an advisory capacity to the Board of Trustees.

Stefan Glimm

Chairman of the Advisory Committee

Tönisvorst, June 2019

# Overview of relief provided, donations and third-party funding



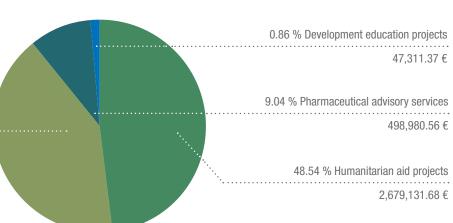


100% / Total:

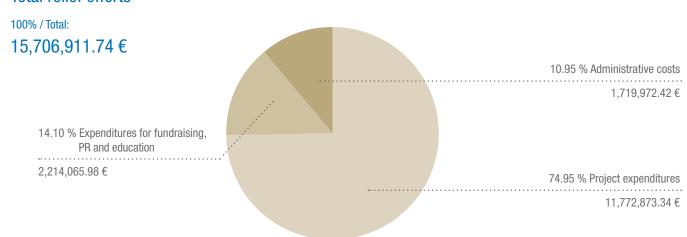
5,519,702.63 €

41.57 % Development cooperation projects

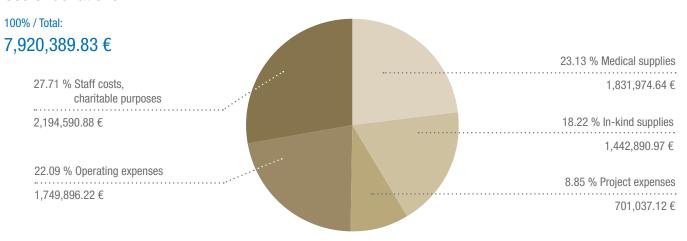
2,294,279.02 €



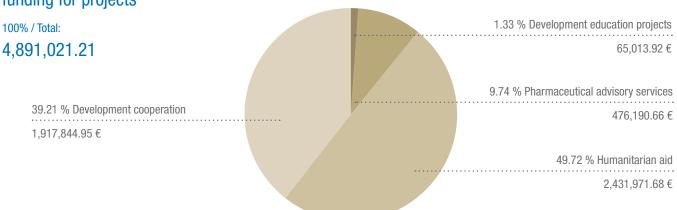
### **Total relief efforts**



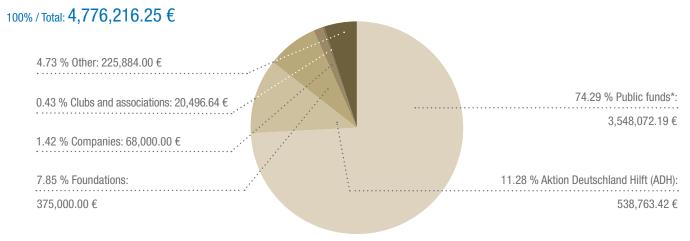
### Use of donations







### Use of third-party donations and funding for projects



<sup>\*</sup> Funding providers: BMZ, AA, State Chancellery of North Rhine-Westphalia

# Balance sheet as of December 31, 2018

### Deutsches Medikamenten-Hilfswerk action medeor e.V.

ASS	ETS (in EUR)	2018	2018	2017
Α	Fixed assets			
	I. Intangible assets	121,015.90		106,901.73
	II. Tangible assets	2,378,818.58		2,514,204.29
	III. Financial assets	170,262.63	2,670,097.11	180,857.96
В	Current assets			
	I. Stocks			
	1. Raw materials and supplies	2,725,008.58		2,608,757.86
	2. Advance payments	59,701.74	2,784,710.32	17,416.30
	II. Accounts receivable and other assets			
	1. Accounts receivable	506,471.37		328,665.96
	2. Due from affiliated companies	878,831.78		962,659.42
	3. Other assets	690,045.50	2,075,348.65	191,233.46
	III. Cash in hand and at bank			
	1. Cash in hand	3,382.70		1,474.69
	2. Cash at banks	3,519,769.31	3,523,152.01	4,907,931.84
С	Prepayments and accrued income		32,239.48	19,121.50
			11,085,547.57	11,839,225.01
LIAE A	Net assets as of 1/1/2018	9,173,061.40	2018	9,336,656.21
	Change in reserves:			0,000,000.21
	Legacy funds	399,998.00		-4.00
	Reversal of reserves for charitable purposes	-414,742.55		-200,000.00
	Profit from objective-related operations	-151,974.69		18,042.23
	Profit from business operations	0.00		19,798.42
	Profit from asset management	16,425.16		-1,431.46
	as of 12/31/2018		9,022,767.32	9,173,061.40
В	Special item—Donations for fixed assets		25,361.00	28,655.00
С	Accrued liabilities			
	Other provisions	204,326.32		122,693.12
	Provisions for taxation	0.00	204,326.32	2,860.58
D	Unused donations / project funds		1,044,499.03	1,733,122.58
Е	Liabilities			
	1. Advances received	154,578.03		267,786.10
	2. Accounts payable	215,654.62		106,384.39
	3. Other liabilities	416,028.25	786,260.90	402,284.84
F	Deferred income		2,333.00	2,377.00
			11,085,547.57	11,839,225.01

### Accounting and valuation methods

Headquartered in Tönisvorst, the German Medical Aid Organization action medeor e.V. is registered as a non-profit organization at the County Court in Krefeld, Germany, under register number VR 3516.

The annual financial statements comprising the balance sheet and the profit and loss statement of our registered organization were drawn up in compliance with the generally accepted accounting principles with due regard to the legal provisions applicable to all commercial traders as laid down in Sections 242 ff and Sections 264 ff of the German Commercial Code (HGB).

The balance sheet is presented in account form and structured as prescribed in Section 266 HGB. It takes account of the particularities of the organization as a charitable donation entity in accordance with Section 265 HGB. The profit and loss statement is structured using the total cost method under Section 275 (1) HGB.

The annual financial statements have been audited by an independent auditor in accordance with the requirements of Sections 316 ff HGB. The audit was conducted as a voluntary audit under Section 12 (3)a of the action medeor Articles of Association applying the accounting standards for the "Audit of Societies" (IDW PS 750) and the IDW accounting practice statements for societies (IDW RS HFA 14) and for charitable donation organizations (IDW RS HFA 21).

Intangible assets are capitalized at acquisition cost and amortized on a straight-line basis over their expected useful life, typically three years, in accordance with Section 253 (3) HGB and Section 7 (1) sentence 1 of the German Income Tax Act (EStG).

Based on Section 255 (1) HGB, tangible assets are stated at acquisition cost less planned depreciation on a straight-line basis in consideration of their average expected useful life. The depreciation rate for the building is 2 percent and 4 percent, respectively, and for the paved courtyard and grounds, between 5.26 percent and 10 percent per year. Low-value assets worth more than 250.00 euros but less than 1,000.00 euros were combined in a collective item in the reporting year in line with Section 6 (2)a EStG and depreciated at an annual rate of 20 percent.

Financial assets of the organization primarily include a 100 percent share in the non-profit action medeor International Healthcare gGmbH at 150,000.00 euros and a 100 percent share in the non-profit action medeor Medical Aid Organization Ltd. at 1,000 euros as well as shares in the Ökumenische Entwicklungsgenossenschaft e.V. to the amount of 12,346.63 euros. Stocks of current assets are all stated at acquistion cost applying the lower of cost or market principle under Section 253 (3) HGB and divide into medicines, equipment, packaging material and handcraft.

Accounts receivable and other assets are reported at their nominal value and itemized.

Investments held as fixed assets are carried at acquisition cost applying the lower of cost or market principle under Section 253 (3) HGB. Cash in hand and at banks is stated at its nominal value.

In accordance with Section 250 (1) HGB, prepayments and accrued income include amounts paid before the balance sheet date to cover costs that will be charged against income after the balance sheet date.

Under Section 253 (1) sentence 1 HGB, accrued liabilities are stated at their expected settlement amount based on the principles of sound business judgment and take account of all recognizable risks and contingent liabilities.

Unused donations and project funds concern liabilities arising from monetary or in kind donations not yet disbursed. In accordance with Section 253 (1) sentence 2 HGB, the monetary liabilities (unrestricted and restricted donations) are carried as liabilities at their repayment amounts at the balance sheet date. In kind donations not yet disbursed are stated at their fair value. Unrestricted monetary and in kind donations are donations not restricted to a specified purpose. Unrestricted donations include incoming resources from legacies. Restricted donations are gifts for a specified purpose and donations received through "sponsorship drives".

In bookkeeping terms, restricted donations are treated as used once the amounts are credited to the relevant receivables account of the recipient. These are shown at the balance sheet date as customer credit balance under other liabilities where not yet used in full for medicines and equipment supplies as of December 31, 2018.

Based on Section 250 (2) HGB, deferred income includes payments received for work performed only after the balance sheet date. Wages and salaries include the salaries of the governing bodies (two Executive Committee members and four department heads) to the amount of 513,331 euros.

Other disclosures: The average number of employees during the fiscal year was 74 (2017: 74).

### for the year ended December 31, 2018

### Deutsches Medikamenten-Hilfswerk action medeor e.V.

(in EUR)	2018	2018	2017
1. Sales revenues	2,685,311.16		3,407,451.62
2. Income from the use of donations	7,920,389.83		7,573,395.70
3. Income from third-party grants for projects	4,891,021.21		5,381,858.94
4. Other income	71,678.21	15,568,400.41	114,895.92
5. Cost of raw materials and supplies		-4,282,451.67	-5,265,712.82
6. Gross profit/loss		11,285,948.74	11,211,889.36
7. Staff costs			
a. Wages and salaries	-2,730,927.61		-2,673,105.03
b. Social security and other pension costs	-558,128.19		-539,622.43
c. Voluntary social security costs	-37,022.71	-3,326,078.51	-41,312.09
Depreciation of intangible assets     and tangible assets		-315,562.80	-309,740.79
9. Other operating expenses		-7,782,818.76	-7,608,897.05
10. Operating income		-138,511.33	39,211.97
11. Other interest and similar income		16,962.63	29,859.35
12. Interest and similar expenses		-14,000.83	-31,230.67
13. Financial result		2,961.80	-1,371.32
14. Taxes on income		0.00	-1,431.46
15. Earnings after taxes		-135,549.53	36,409.19
16. Transfer from reserves		200,000.00	200,000.00
17. Profit from objective-related operations		-151,974.69	18,042.23
18. Profit from business operations		0.00	19,798.42
19. Profit from asset management		16,425.16	-1,431.46

### Explanatory notes to the profit and loss statement

The profit and loss statement was prepared with due regard to the legal provisions applicable to all commercial traders as laid down in Sections 238 ff and Sections 264 ff of the German Commercial Code (HGB).

It is structured using the total cost method under Section 275 (1) HGB.

Sales revenues comprise the supply of medicines and equipment and the provision of pharmaceutical advisory services at cost price.

Income from the use of donations is generated when costs financed by donations are treated as a reduction of "unused donations". These costs include the dispensing of medicines and equipment, the cost of public relations, project execution, pharmaceutical advisory services, and the management of donations. Other operating expenses include administrative costs and expenses related to the execution of development cooperation and humanitarian aid projects, pharmaceutical advisory services, and public relations and educational activities. The costs for the transportation of medicines and equipment to the destination countries amounted to 559,839.81 euros. The expenses for supplements and information material for fundraising campaigns totalled 667,763.78 euros. Based on preliminary calculations for the 2018 calendar year, the share of expenditures for administration and marketing will range at 25.05 percent (2017: 21.50 percent).

Interest and similar income primarily result from asset management operations.



Further information on our 2018 financial reporting: www.medeor.de/Service/Jahresberichte

### action medeor Foundation

Balance sheet as of December 31, 2018

ASSETS (in EUR)		2018	2018	2017
Α	Long-term restricted assets			
	1. Financial assets		800.00	800.00
	2. Securities		1,065,970.55	1,825,926.37
В	Short-term restricted assets			
	1. Cash at banks	1,115,848.77		759,683.48
	2. Other receivables	8,617.98	1,124,466.75	10,449.93
			2,191,237.30	2,596,859.78
LIAE	SILITIES (in EUR)	2018	2018	2017
Α	Net assets			
	1. Endowment			
	Basic assets	457,583.16		457,583.16
	Endowment contributions	1,140,599.74	1,598,182.90	1,513,199.82
	2. Funds carried forward			
	from basic assets	98,958.40		89,763.67
	from endowment contributions	26,183.48	125,141.88	98,234.65
В	Accrued liabilities		2,618.00	2,499.00
С	Other liabilities		465,294.52	435,579.48
			2,191,237.30	2,596,859.78



### **Profit and loss statement**

### for the year ended December 31, 2018

### action medeor Foundation

(in Euro)	2018	2018	2017
1. Donations	0.00		725.00
2. Interest and similar income	24,754.17		39,234.57
3. Profit from disposals	0.00	24,754.17	0.00
4. Write-downs of securities	0.00		0.00
5. Bank charges	-272.95		-1,123.19
6. Losses from disposals	-7,038.65		-4,788.18
7. Audit costs	-2,677.50		-2,499.00
8. Other expenses	-590.92		-470.72
Statutory expenditures	-9,300.00		-16,300.00
10. Other taxes	-80.90	-19,960.92	-678.04
11. Profit / loss for the year		4,793.25	14,100.44
12. Transfer to revenue reserves		-4,793.25	-14,100.44
		0.00	0.00



The Foundation's Executive Committee (I to r): Bernd Pastors (CEO), Dr. Ulrich Viefers and Dr. Thomas Menn, Elisabeth Bienbeck-Ketelhohn, Siegfried Thomaßen (Chairman) and Gregor Kathstede.

## Balance sheet as of December 31, 2018

### action medeor International Healthcare gGmbH

ASSETS (in EUR)	2018	2018	2017
A Fixed assets			
I. Intangible assets	1,397.30		3,564.83
II. Tangible assets	193,563.68	194,960.98	196,962.71
B Current assets			
I. Stocks		307,362.23	288,879.97
II. Accounts receivable and other assets			
1. Accounts receivable	221,683.38		133,857.65
2. Other assets	61,487.25	283,170.63	57,866.38
III. Cash in hand and at banks		151,345.96	211,844.25
C Prepayments and accrued income		10,569.09	14,642.37
		947,408.89	907,618.16
LIABILITIES (in EUR)	2018	2018	2017
A Capital stock			
I. Subscribed capital	150,000.00		150,000.00
II. Capital reserve	0.00		0.00
III. Profit / loss carried forward	22,259.52		16,222.76
VI. Net income for the year	-60,467.94	111,791.58	6,036.76
B Special item – Donations for fixed assets		4,593.50	5,653.48
C Accrued liabilities			
I. Provisions for taxation	50,821.21		10,176.21
II. Other provisions	22,299.77	73,120.98	17,526.10
D Unused donations / project funds		6,393.90	66,469.29
E Liabilities			
I. Advances received	79,079.93		43,396.18
II. Accounts payable	314,187.27		206,455.75
III. Due to shareholders	342,055.64		360,759.94
IV. Other liabilities	16,186.09	751,508.93	24,921.69
		947,408.89	907,618.16

## **Profit and loss statement**

### for the year ended December 31, 2018

### action medeor international Healthcare gGmbH

(in EUR)	2018	2018	2017
1. Sales revenues	1,243,866.44		1,702,442.47
2. Income from the use of donations	239,244.62		140,298.20
3. Other operating income	124,941.76	1,608,052.82	75,506.46
4. Cost of materials			
a. Cost of purchased materials	-915,667.27		-1,216,222.21
b. Cost of purchased services	-25,846.28	-941,513.55	-3,454.82
5. Staff costs			
a. Wages and salaries	-244,190.24		-241,821.42
b. Social security and other pension costs	-72,530.67	-316,720.91	-71,926.98
6. Depreciation		-14,813.99	-9,394.19
7. Other operating expenses		-319,928.52	-329,992.63
8. Other interest and similar income		1,119.00	1,536.79
9. Interest and similar expenses		-6,863.74	-8,930.30
10. Taxes on income		-69,799.05	-32,004.61
11. Net income/loss for the year		-60,467.94	6,036.76



Further information on our 2018 financial reporting: www.medeor.de/Service/Jahresberichte

# Status report: Business and the general environment

Once more in the past year, the medical aid efforts of action medeor focused heavily on attending to the medical needs of the people affected by the civil war in Yemen. The situation in this country has been described as one of the world's worst humanitarian crisis of our time following the destruction of water supply facilities and medical infrastructure and the resulting cholera epidemic.

Thanks to our medicines warehouse in Tönisvorst, the organization was able to provide effective relief quickly and reliably. But Yemen is only one of many parts of the world with limited or no access to medicines of assured high quality. Our subsidiaries in Dar es Salaam/Tanzania and Lilongwe/Malawi, as well as our many competent local partners, play an important part here.

Next to emergency and disaster relief, action medeor continues to act as a non-profit supplier of medicines and medical equipment for many small project partners in Africa, Asia and Latin America, meaning that around half of all relief packages in 2018 each had a value of less than 5,000 euros. The general conditions under which action medeor operates are, however, growing increasingly complex. Because of the lack of access to hospitals in Yemen, the persistent bombing of the seaports, and import restrictions in Benin and Gabon as recipient countries, the delivery of relief supplies dispatched in the summer months of 2018 was significantly slowed down, but eventually could be safely completed.

These hold-ups reduced medical relief and equipment supplies to around 6 million euros in 2018, closing out the year below break-even point.

Since the ceasefire negotiated in Yemen in November 2018 and the resolution of import restrictions in Benin and Gabon, relief supplies can once again be distributed as required to those in need.

The procurement of medicines through local structures in Tanzania and Malawi is given ever greater priority. In Tanzania, action medeor has been a reliable partner in this area for more than a decade now. Yet the challenge remains to extend the care to rural areas. With this in mind, a further distribution base was set up in Makambako in the rural southwest in 2018. The persistent high demand since its opening reflects the dire need for medical aid in this region. The project team pressed on with refining tools such as risk management and the organizational development of our partners. Institutional support for action medeor projects stabilized at a high level. Funds from the German Federal Ministry for Economic Cooperation and Development (BMZ) totaled around 1.7 million euros, while the Ministry of For-

eign Affairs (AA) disbursed funds of around 1.5 million euros, and the State Chancellery of North Rhine-Westphalia, of around 0.3 million euros.

At around 8.1 million euros, restricted and unrestricted donations increased by 17 percent in 2018. Along with many unrestricted individual donations, action medeor continues to receive project-specific donations through the German relief coalition Aktion Deutschland Hilft, the RTL-Stiftung—Wir helfen Kindern e.V., and the German Welfare and Education Foundation "Fürsorge- und Bildungsstiftung". Donations in kind totaled 1 million euros and were used specifically to provide medical aid to refugees in Syria and Northern Iraq.

#### **Economic situation**

At around 15.5 million euros, total revenue was down by around 0.9 million euros on the previous year. Objective-related operations, business operations and asset management, allowing for departmental costing, generated an operating loss of around 135,000 euros in 2018. Net assets decreased by over 150,000 euros in total through a reversal of reserves and transfer to reserves from legacies.

### Opportunities, risks and forecast

Our objective-related operations have developed well since the start of 2019. With the import difficulties in the past year resolved, the demand for action medeor relief and support has again risen thanks in no small part to the partner advisory and support services provided by our development aid workers, or "developers". Local medicines and pharmaceutical products are steadily growing in range and, thankfully, are also improving in quality, enabling our subsidiaries in Tanzania and Malawi to extend their aid activities. As studies have revealed, the number of donors in Germany has gone down marginally, though total donations remain relatively constant. This is a trend that is also noticeable at action medeor. With the age-related decrease in regular donors, fewer donors are donating higher amounts. While this ensures a steady total of donations, it increases the importance of substantial donations from private sponsors, but also from businesses. What is more, we have seen a rise in legacies and endowments to help secure the financing of projects and donation-funded relief supplies over the long term.

### Outlook for 2019

#### Medical aid

Next to regular supplies to healthcare partners, the medical aid we provide from our base in Tönisvorst is required particularly in emergency and disaster situations. As always, this makes it vital that we maintain a good stock of relief supplies at our 4,000 m2 warehouse at all times. The expansion of local procurement centers in Tanzania and Malawi, the qualification of medicines regulatory authorities, and the training and development of pharmaceutical staff help to strengthen our local partners. With increasing availability of basic medicines in our partner countries, action medeor is directing its focus more on the other needs and challenges of the health posts. A further focal point identified in our medical aid efforts is health technology, where action medeor has registered a growing need of our partners for advice on selecting, procuring, installing and maintaining medical equipment, and relevant training.

### Health projects

Increasingly complex trouble spots across the world require project work that not only tackles the emergencies and disasters, but continues on with the work and through transitional and development work designed to strengthen the country's health structures ensures sustainable development. The conditions for humanitarian aid workers worldwide, however, are ever more difficult. Faced with this tension, the Humanitarian Aid and Development Cooperation project teams of action medeor work with great expertise on developing and strengthening local partner organizations, while implementing effective and sustainable health projects. With the project scope steadily widening in 2018, action medeor developed quality and risk management tools and introduced a new financial management level to deal with the increasing requirements.

### Pharmaceutical advisory services

In 2019, the pharmaceutical advisory services sector will continue to focus particularly on the training and development of pharmaceutical staff. The successful work in Tanzania in terms of improving the training of pharmacy technicians and assistants will be carried on, as will the support of Master's students.

In addition, focus will be given to broadening the development and information available to pharmacists, doctors-tobe and students in specialized degree programs (Global and Public Health).

### Communications and fundraising

Activities in the online environment and centered on attracting new donors through mailing campaigns will be expanded to further increase the number of active donors. The "Help the Helpers" online campaign has now been viewed by more than 3 million people. While raising awareness, it has strengthened our "action medeor" brand and increased the level of unrestricted and not-disaster-related donations. At the same time, efforts will be made to win more businesses as sponsors, while looking after major supporters. Raising the profile of action medeor also remains important and will be intensified particularly through media work and networking.

ECONOMIC PLAN for 2019	in Euro
Monetary and in kind donations	14.600.000,00
Unused donations in 2018	870.000,00
Total	15.470.000,00
Cost of aid shipments	4.860.000,00
Projects	6.760.000,00
Pharmaceutical advisory services	400.000,00
Marketing, communications, and education	1.750.000,00
Administration	1.700.000,00
Total	15.470.000,00

# Thank you!

The work of action medeor would not be possible without our many different sponsors and donors. On behalf of our team and all our local project partners, we at action medeor extend our deepest gratitude to you for your invaluable support in the last year!

A heartfelt thank you also to the following foundations, charitable organizations and public investors:



































### ... and to the network partners of action medeor:









































# Dr. Ernst Boekels obituary

action medeor mourns the passing of its founder, Dr. Ernst Boekels. He died in Vorst on May 5, 2019 at the age of 91. Serving as chairman from 1964 through 1986, the trained general practitioner developed action medeor into a professional aid organization. In 1963, dedicated citizens from the Krefeld and Vorst areas banded together under the aegis of Dr. Ernst Boekels to collect and sort basic medicines and medical equipment to be sent to developing countries. As the movement steadily gained momentum, Dr. Boekels officially founded the action medeor medical aid organization in August 1964. Not long after, it was his decision for action medeor to begin manufacturing its own generic drugs to attend to the specific needs of health posts worldwide. In the years following, action medeor continued to develop and advance under the chairmanship of Dr. Boekels. The first medicines warehouse was built in 1973, on the site of Krefeld Railway

Company (Krefelder Eisenbahn-Gesellschaft) in Vorst, followed by the extension in 1982. After serving as chair for 22 years, Dr. Boekels handed over the reins to younger hands. He continued to support the work and development of our aid organization with his expertise, repeatedly organized private fundraisers and attended the annual General Assemblies. Dr. Boekels received several honors for his dedication, including the Order of Merit of the State of North Rhine Westphalia, the Federal Cross of Merit, First Class, and the Cross of Honor of the Austrian Albert Schweitzer Society. The Board of Trustees, the Advisory Committee, the Executive Committee and the staff of action medeor will always honor his memory and continue to act in his spirit.



### Contact us we are here to help.

If you are interested in our work or have questions about your donation, please contact us.

We can also help you plan a private or corporate fundraising campaign and provide relevant information material.

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### Make a difference!

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**Online donations** www.medeor.de/spenden



